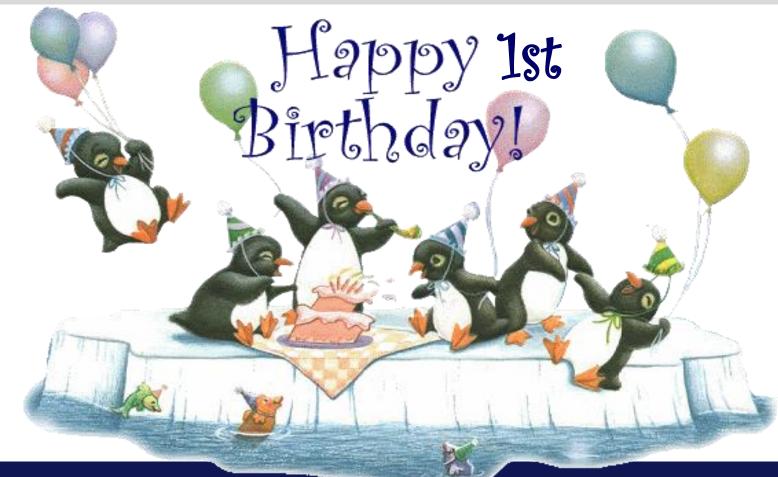
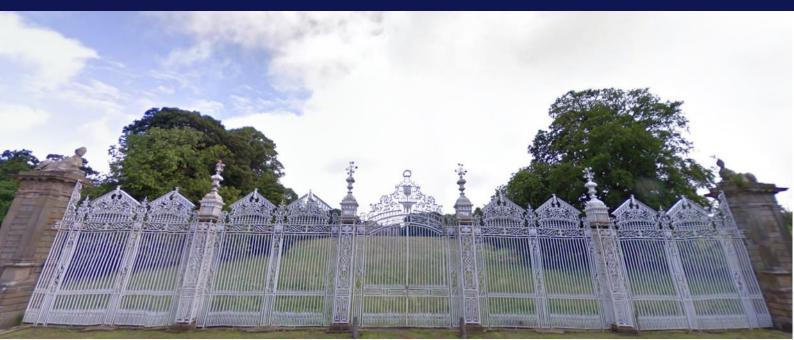
May 2019 www.leeswood-district.news Issue 383



To the Community cafe



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The Leeswood and District News would like to say thank you to:

Mrs Jenny Webb

and Mrs Gwyneth Davies

For their donations for the Leeswood & District News — we are very grateful.

To donate to the Leeswood News to help keep us going—please give any cash to Clive Venables or Maldwyn Roberts—cheques made payable to 'Friends of Leeswood'. Thank you

rank U

PONTYBODKYN LADIES GUILD

LADIES GUILD

I was unable to attend the meeting when Sue Leake was the guest speaker but have it on good authority that it was a very interesting evening. Sue spoke to Guild members about the food bank which is desperately needed even in this day and age. Members had brought many items for Sue to take to add to the bank Refreshments were served by Mrs Jennie Webb after which the raffle was drawn, Mrs Cynthia Flitcroft was the winner. The special raffle, provided by Mrs Jane Owen, was won by Mrs Gwyneth Davies.

On the 11th April in the absence of our President, Mrs Lucille Ingman, Vice President, Mrs Margaret Roberts welcomed everyone to the meeting, our Mrs Doreen Kilpatrick opened the AGM. proceedings with two lovely readings. Margaret then discussed various items from the minutes of the previous year. The Treasurer, Mrs Maureen Calder, then went through her very clearly set out balance sheet, everything was declared to be in order. Mrs Cynthia Flitcroft, Speakers Secretary, relayed all the events and guest speakers that had visited us over the year It was a varied programme and we know how lucky we are to have so many speakers over the year, not an easy job these days. Mrs Jane Lucy, Events Secretary, reminded us of meals out on special occasions, visits to the theatre etc, and spoke of future plans. Election of officers went very smoothly with everyone agreeing to carry on with their jobs. It was also decided to change the times of our meetings and these will now begin at 7pm so we can finish early as well.

Mrs Doreen Kilpatrick served very welcomed refreshments, the raffle was won by Mrs Janet Burden, and the special raffle, donated by Mrs Margaret Roberts, was won by Mrs Jane Lucy.

The Vice President then declared the meeting closed.

Gill Burton

Special Events MAY 2019

Mobile Library

8th & 29th May 11:45 _ 12:45 Maes y Meillion

Dementia Friend Session

Wednesday 8th May
Leeswood Community Centre
Refreshments 18:00
Start 18:30
See poster for details.

Sunshine Café 1st Birthday Celebration

Thursday 9th May Sunshine Café 09:00 - 12:00

Visit Shrewsbury

Leeswood & Pontblyddyn Over 60s group
Invite you to join them on a day trip to
Shrewsbury

All Ages Welcome

11th June 09:30

£10 Return

To book a place please contact

Dianne: 771 481 Val: 770 659

Brenda: 770 620 or Shereen: 07469 851886

All places must be paid for in advance



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Phone me: 01352 763 159

See me: At one of my regular advice surgeries

(contact my office for details)

Fax me: 01352 730 140

Email me: david.hanson.mp@parliament.uk

Website: www.davidhanson.org.uk

Twitter: @DavidHansonMP

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County Road, Leeswood, Flintshire CH7 4RF 07955 847917 www.bethanialeeswood.org

Hiding in plain sight

"Sometimes the truth's hiding in plain sight," I told myself, looking for the door key only to discover it in the lock already. The thought returned to me the other day while thinking about God as I usually do while out walking. I was basking in the warm glow of spring, enjoying not just the sunshine but also the fond memories of Easter Sunday mornings when dozens of us from various local churches share a service on the beach at Rhos Point.

Our church always bounces with health and vitality as we belt out our Easter hymns celebrating the resurrection of Jesus. The Easter Sunday service is the biggest of the year for us Christians, far more important than the festivities of Christmas. The conviction that Jesus is alive for evermore unfailingly fills us with hope. That's why I remembered the key incident.

It struck me that God is much closer than we imagine.

A recent YouGov government poll revealed that almost half the folk in Britain are more likely to associate chocolate eggs than Jesus Christ with Easter. Now, I enjoy the over-priced chocolate as much as anyone, but isn't this another case of the truth hiding in plain sight? For me Easter buzzes with the presence of God, which is what I silently told the Almighty as I walked. Our Faith is built on the events of the first Easter when Jesus appeared to his friends.

It's the key to understanding God. That's why if you saw me that day on the promenade, you'd have noticed I was smiling gently.

Peter Cousins

A warm welcome to everyone! Morning Service

Our morning service begins at 10:15am and finishes about 11:30am. The service is structured but fairly informal in style. We sing modern Christian songs and some classic hymns too. We have Bible teaching that is relevant to our lives and journey of faith, and should be appropriate for those who are seeking faith as well as those growing in faith

Kidzone is available for younger children. After the service we have tea and coffee, and sometimes a meal together as a church family.

Sunday Evenings

On alternate Sunday evenings we meet at 6:00pm for prayer and the Christianity Explored course (see below).

Children and Youth

Bright Sparks under 4s – Fri. 9:30am to 11:00am

High Fives - Reception to Year 6 – Weds. 5:45pm to 6:45pm

Lasers - Year 6 and over - Weds. 7:15pm to 9:00pm

Safe Haven If you know someone who has a disability please let them know about Safe Haven Crafts. Check out www.safehaven.wales

Croeso

Er mai Saesneg ydi prif iaith ein cyfarfodydd, mae sawl un ohonom ni'n siarad Cymraeg ac yn falch iawn o gael byw yng Nghoedllai a'r cyffiniau ac o gael gwasanaethu ein cymuned drwy gyfrwng y Gymraeg. Mae croeso mawr iawn i chi ymuno â ni ar y Sul.

JOIN US IN MAY 2019...

CHRISTIANITY EXPLORED

WHAT'S THE BEST NEWS YOU'VE EVER HEARD?



Christianity Explored is a relaxed and informal way to explore the best news you can ever hear, and gives you space and time to think about the big questions of life.

Join us over seven sessions (once every fortnight) as we look at Mark's Gospel to find out more about the life of the person at the heart of the Christian faith – Jesus Christ.

The structure of each session is simple: a short Bible study, a talk and/or a film) followed by a 'no pressure' discussion. If you're uncomfortable talking, just come along and listen in.

CHRIST CHURCH, PONTBLYDDYN

SERVICES IN MAY—JUNE 2019

SUNDAY 5TH MAY: 3RD AFTER EASTER

11.15 A.M. HOLY COMMUNION

SUNDAY 12TH MAY: 4TH AFTER EASTER

11.15 A.M. HOLY COMMUNION

SUNDAY 19TH MAY: 5TH AFTER EASTER

5.00p.m. Evensong

SUNDAY 26TH MAY: 6TH AFTER EASTER

11.15 A.M. HOLY COMMUNION

3.00p.m. HOLY BAPTISM

SUNDAY 2ND JUNE: 7TH AFTER EASTER

11.15 A.M. HOLY COMMUNION

SUNDAY 9TH JUNE: PENTECOST

SERVICE TO BE ARRANGED. SEE SUNDAY SHEETS

AND NOTICES NEARER THE TIME

SUNDAY 16TH MAY: TRINITY

11.15 A.M. MORNING PRAYER

2.30 P.M. HOLY BAPTISM

SUNDAY 23RD JUNE: TRINITY 1

11.15 A.M. HOLY COMMUNION

5.00P.M. EVENSONG IN NERCWYS

(PARKING AVAILABLE IN CAR PARK NEAR BOWLING CLUB)

SUNDAY 30TH JUNE: TRINITY 2

WE CELEBRATE THE REV'D KATHY STEWARTS ORDINATION TO THE PRIESTHOOD

IN MOLD CHURCH AT A JOINT SERVICE

11.00 a.m. Holy Communion

CELEBRANT: REV'D KATHY STEWART

Please Note: There will be no other services in the Anglican Churches of the Mission Area on that day.

EVERYONE IS WELCOME AT ALL OF OUR SERVICES

6

CHRIST CHURCH, PONTBLYDDYN

is open every day between

the hours of 10.30 a.m. and 3.30 p.m. $\,$

THE DUCK RACE IS COMING

Monday 27TH May

FROM 1.00PM - 4.00PM

PONTBLYDDYN CRICKET CLUB

Ducks can be purchased in advance from Christ Church. Proceeds in aid of Christ Church funds



IN CHRIST CHURCH, PONTBLYDDYN.

25TH MAY & JUNE 29TH 2019

"COME 4 COFFEE"

10.30 A.M. - 12 NOON

The Vicar may not be available on these dates, however, if you wish to speak to her on Church Business, please contact her to arrange a mutually convenient date to meet.

++++++++++++

On Thursday $11^{\rm th}$ April the following people were elected to serve on Pontblyddyn Church Committee.

As Mission Area Reps

Mrs Sue Braisby

Miss Marie Reynolds (also Church Secretary)

As Church Wardens:

Mrs Anne Jones

Ms Mel Morgan (also M.A. Warden)

As Committee Members:

Mrs Barbara Egerton,

Mrs Helen Jones,

Mrs Johanna Kaufmann

Mr Roger Smith (also Church Treasurer)

CHRIST CHURCH CONTACT DETAILS

Rev'd Carole Poolman, Vicar. The Rectory, Llanfynydd, Wrexham. LL11 5HH.

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Your Contributions

Do you have an idea for a great article?

Maybe you have a story to share?

Are you aware of any local events or important notices that need to appear within this publication?

Please send, or drop it in, to:

June Lincoln, 7 Llys Ann, Leeswood, CH7 4RW **07738 876302**

58junelincoln@gmail.com

Deadline for next edition:

Saturday 18th May



Cedron Congregational Church is located at the bottom of the Pontybodkin Hill, Leeswood and is nestled near the junction with the Corwen Road. No doubt you have driven past it many times on your way to Mold/Wrexham/Chester.

We are a small, friendly, welcoming group of Christians who meet **every Sunday morning at 10:30am**. Our service normally lasts an hour. So, instead of driving past we would love to see you and welcome you as we meet to worship God, pray and study the Bible together in a friendly and informal atmosphere. We also celebrate Communion/Lords Supper at the end of the morning service on the first Sunday of every month. This is when we particularly remember the love God has shown us in permitting his Son (Jesus) to die on our behalf. Because of Jesus' resurrection, God granted the promise of salvation to all who will accept it through faith.

If you need or want to get in touch with us, our email address is context-cedron@gmail.com Tel/Text 07706428950

SPEAKERS for May 2019.

May 5th Simon Ferrer followed by Communion

May 12th Clive Davies

May 19th Simon Ferrer including an open time for congregation participation

May 26th Clive Davies

'As often as possible Jesus withdrew to out-of-the-way places for prayer.'

Luke 5 verse 16 (The Message)

Having boundaries for different parts of our lives can help us reduce stress and avoid burn out. Boundaries help us to say 'no' to things that we can't do, to focus more on the things we're called to do, and to develop healthy relationships with others and with God. But the type of boundary is important. Rigid boundaries can cause us to shut other people out. Porous boundaries leave us defenceless against those who feel entitled to manipulate us and who expect to be taken care of at our expense. But flexible boundaries help us live our own life, with a balanced and healthy interest in others. We need flexible boundaries to help us determine when situations require us to get involved, and when we should stay away. Sometimes we can think that we always must be there for everyone. And we can use verses like: 'Carry each other's burdens' (Galatians 6:2 NIV) to justify why we're saying 'yes' to helping everyone. But when we look at Jesus' life, we can see that boundaries are important. The Bible tells us that 'Jesus often withdrew to lonely places and prayed.' Jesus had a rhythm of life which was balanced between work and rest. He served, taught, healed, provided, socialised, but also 'often withdrew' so that He could spend time with His Father and rest. There were times when people were asking Him to help them, and He removed Himself from the situation to be with God. After He fed the five thousand, He sent the crowds away. 'After he had dismissed them, he went up on a mountainside by himself to pray' (Matthew 14:23 NIV). Jesus knew when He needed to say 'no' and spend time resting in God's presence instead. And that's what we need to do too.

What Now?

Make some time today to be alone with God. Go somewhere where you won't be disturbed and just rest in His presence.

Simon

The **Methodist** Church

Wesley Church, Leeswood

5th May Morning Worship **10.45 am** Led by Mrs Jane Dowell

12th May Lord's Supper **9.30 am** Led by Rev Pat Christopher

19th May Morning Worship **10.45 am** Led by Rev Rosemarie Clarke

26th **May** Family Service Led by members and friends



This is a global movement of prayer between Ascension 30th May and Pentecost 9th June.

We live in uncertain times. Does faith in Jesus transform the world for us? How can faith change how we love and understand our neighbours? The time between the first Easter and Pentecost was a time of uncertainty when the disciples were left asking, "What does all this mean?" Life is an uncertain endeavour and our faith in the risen Jesus involves ongoing discovery, which takes time and attention.

We are invited to breathe deeply and give space for silence and focus each day. On the day of Pentecost, the crowd heard the apostles speaking and asked: "And how is it that we hear, each of us, in our own native language?" (Acts 2:8, NRSV) The miracle was not so much that people were speaking in different languages, but rather that all those who were listening could understand each of them.

May we live through this season together and each discover a new way of listening to ourselves and to others that gives fresh insight; that we will all take a step closer to being able to love our enemies and, most importantly, discover the God who listens to us with profound attention.

Day 1 Luke 8:18 Consider carefully how you listen

Day 2 Luke 18:7 And will not God bring about justice?

Day 3 Luke 22:12 He will show you a large upper room, all furnished

Day 4 Luke 23:23 Their shouts prevailed

Day 5 Luke 24:11 Their words seemed to them like nonsense

Day 6 Luke 24:19 What things?

Day 7 Acts 1:4 Wait for the gift

Day 8 Acts 2:6 Each one heard them speaking in their own language

Day 9 Acts 2:43 Everyone was filled with awe

The Prayer for Thy Kingdom Come

Almighty God, your ascended Son has sent us into the world to preach the good news of your kingdom:

inspire us with your Spirit and fill our hearts with the fire of your love, that all who hear your word may be drawn to you, through Jesus Christ our Lord.

Amen

TOMORROW TO FRESH FIELDS.....

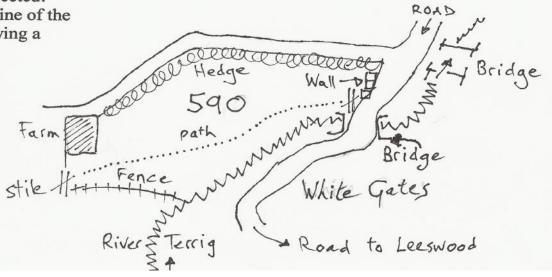
Fields. We are so used to seeing them, we take them for granted. And yet they have not always been with us. Before enclosures, when common land was literally snatched from villagers and converted into private property, there were no fields as we know them. The present field system, enclosed by hedges, entered by five-barred gates, is a way of defining borders, keeping animals and crops in, and people out. Hedges were originally those parts of woodland that were not chopped down to make fields, which is why so many hedges have pretty massive trees in them. Ancient footpaths, though, still crossed the fields, and these remain as public rights of way. Some footpaths go through hedges rather than gates, and this has led to the creation of stiles, to enable walkers to continue onward progress. These walkers were not simply ramblers. In Leeswood servants would have used paths to reach the big house; farm labourers to reach the farm, miners and blast furnace men to walk to the pit and the furnace. Parishioners walked to Church and chapel. People walked to Mold, to the market and to shops, like Daniel Owen's tailor's shop. There were no buses. You could travel by horse. Or you walked, and footpaths had a purpose. So crossing the fields was an important feature of rural life.

What's in a field? Underneath any animals you will find grass. Under the grass, including crops, you will find the earth.

Take a field in Leeswood. Any field will do. In Leeswood Past and Present there is a fascinating article by Maldwyn Roberts, which includes a map of all the fields in the "Leeswood Township", numbered for reference and also with their names. Some of the names of fields are really ancient and, of course, in Welsh, often with clues to their location. So we have Cae (field), which is different from Ddol (meadow). Maes (field) we all know, but maybe not so familiar with Erw which is an acre, or, as Maldwyn points out: a stretch of land which would take a day's ploughing with a yoke of oxen.

I have taken field number 590 Ddol Tan Tŷ. This is the field across the other side of the River Terrig, opposite the White Gates, which slopes up to the farm, so I understand this field, in English, to be "the meadow below the house", but am happy to be corrected!

Here is a rough outline of the enclosed field, showing a complete range of boundaries: hedges, fences, wall, river, bridge, and also the line of the footpath which crosses the grassy field.



.....AND PASTURES NEW

Ddol Tan Ty is covered in grass, the staple diet of the sheep grazing there Grass is so commonplace we hardly give it a second look, except when the lawn needs mowing. Letting the grass grow long enough to make hay used to be a very common practice long ago - not so common now - and hay-making was one of those farming rituals which marked the seasons of the year.

WEEDKILLERS

There is no such thing as a safe weedkiller. Weedkillers do what it says on the tin: they kill. They kill plants. and the chemicals used enter the food chain. What is a weed anyway? As you probably know "a weed is any plant growing in the wrong place". There is nothing inherently "wrong" with nettles, docks, dandelions We have been trained to believe that they must be eliminated wherever and thistles. possible. Why? In fields a plant like the dock, which is a greedy feeder and sends down deep roots, uses up space and nutrients required for crops. Yet nettles and thistles are valuable feeding stations for birds and butterflies. The humble dandelion is much reviled, but in the right place is a beautiful, prolific plant passing through many stages until the "clocks" form, sending clouds of airborne seeds floating through the air. I'm the first to uproot them from the flower bed, but the widespread use of chemicals is interfering with a natural growing process. If you have a chance to read The Ruuning Hare by John Lewis-Stempel, you'll find a fascinating account of one man's attempt to cultivate a modern-day field using old, chemical-free ways. Walking the Border

The stretch from the River Dee to Grindley Brook, my next stop on my Borders walk, passes through numerous fields, and I climbed scores of stiles! The rich arable farmland of Cheshire is guarded by ancient hedges and a few modern electric fences. I must say the stiles are, on the whole, well maintained, and the electric fences do have walker-friendly devices on them, to prevent damage to unsuspecting walkers.

From Farndon I walked to Threapwood, then over to Lower Wych and Higher Wych [Wych being the Saxon word for "salt" - met more commonly in other Cheshire towns like Middlewich and Northwich], before reaching another border crossing in Grindley Brook, a tiny stream which divides England and Wales. Grindley Brook is a busy thriving hub, where ancient Roman roads meet modern arterial routes, old footpaths, streams, and a new transport system: the canal. From here the canal was to be my constant companion,

as I set out along the Border for the spectacular inland lakes at Ellesmere.

Mike Stevens

Dandelion

Dent de lion

Tooth of the lion

From the Chinese of Ch'ên Shan-Min

Dry Grass

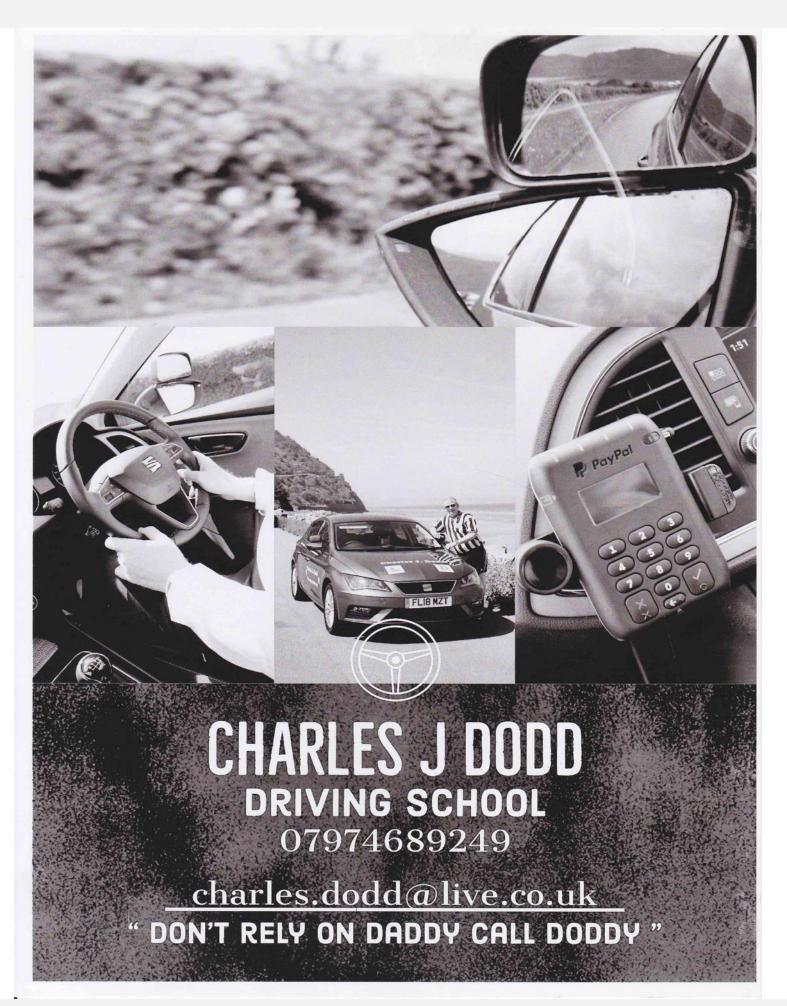
Dry grass dies down to the living roots, And Spring returns To give grass life again.

Yet grief,

As long as the roots of grief remain, Revives, returns,

And needs no Spring

Michael Stevens



Committee	When	Where	Contact
Allotment Association	4th Monday of the Month	Community Centre	losenh Caruana: 01352 770187
	4 T. C.	Community Centre	1 och Thomas Colombia 07200 665202
Callival Gloup	Zild Tuesday of tile Month		Lean Inomas Coleman. 077 90 000092
Community Centre	Last Tuesday of the Month	Community Centre	Gayle Brand: 01352 779068
Community Council	1st Tuesday of the Month	Community Centre	Marie Reynolds: 07912 146517
Activity / Group When	When	Where	Contact
Book Swap	Every Thursday 09:00 - 12:00	Sunshine Café	Shereen Devine: 07469 851886
Bowling	Various	Bowling Club	Mike Jackson: 01352 771607
Bright Sparks	Friday: 09:30 -11:00 (Term Time Only)	Bethania Church	Ann Jackson: 01352 771607
Brownies	Tuesday: 17:15- 18:45	Community Centre	Cheryl Francis: 01352 218704
Community Theatre	Various	Community Centre	Mike Stevens: mike38stevens@gmail.com
Craft	Alternate Mondays:13:30 - 16:00	Community Centre	Cynthia Flintcroft: 01352 771 245
Cricket	Various	Pontblyddyn Cricket Club	01352 771629: chairman@pontblyddyncc.org.uk
Guides	Tuesday: 17:15 - 18:45	Community Centre	Cheryl Francis:01352 218704
High Fives	Wednesday: 17:45- 18:45 (Term Time Only)	Bethania Church	Joyce M'Caw: 07713 439716
Ladies Guild	Every 2nd & 4th Thursday 19-00-21:00	Community Centre	
Lasers	Wednesday: 19:15-21:00 (Term Time only)	Bethania Church	Joyce M'Caw: 07713 439716
Mother's Union		Christ Church Pontblyddn	
Over 60s	Alternate Wednesdays: 14:00 - 16:00	Community Centre	Valmai Burton: 07594079377
Patch Work & Quilting	Tuesday: 10:00 - 15:00	Community Centre	Not currently accepting new members
Pigeon Racing	Friday Night	The Prince	Ray Hughes: 07794 208550
Play Group	Monday - Thursday: 09:15 11:45 (Term Time Only) Ysgol Derwenfa	Ysgol Derwenfa	Claire Coleman: 07851 975198
Rainbows	Thursday: 17:45; 18:45	Community Centre	Cheryl Francis: 01352 218704
Safe Haven	Tuesday: 14:00 16:00 (Term Time only)	Bethania Church	Dorothy: 07549 606145
Sunshine Café	Thursday 09:00 - 12:00	Community Centre	Shereen Devine: 07469 851886
Suit Case Theatre	Various	Community Centre	Mike Stevens: mike38stevens@gmail.com
Youth Club	Tuesday & Thursday 06:30 -	Ysgol Derwenfa	Blue Richard: 07960 989580
Zumba	Monday: 18:30- 19:15	Community Centre	Holly Dugan: 07947 575028
Walks Around Leeswood & Various	Various	Leeswood & Surrounding	Mike Stevens: mike38stevens@gmail.com
Surrounding District		area	
E			

Technical Corner

Joseph Caruana

When I first started in engineering, one of the first things that we were told was that we should leave the work environment in the same condition as we found it or even better if that was possible. This meant that we were obliged to put all tools neatly back in their places in a clean state. This was the beginning of is called lean operations. We were also told the if every individual tool has its own place, and that if every individual tool was in its own place, we would know where to look for it, thus wasting time looking around for items we needed.

Lean operations apply to everything we do, and a lean system comes into action immediately as a process starts progressing. An operation in progress can come in any shape or form, however, on this particular occasion; we are going to look at a situation where an operator is feeding a production line with parts in order to facilitate the production of a finished product. At first glance, it is obvious that the main objective of this operation is to make sure that the assembly line is well and adequately supplied with all the parts. However, there are a lot of other side operations which plays an important part and which will determine how efficiently a process has been planned. For example, if the trolleys in which the parts are moved around the shop floor are left anywhere on the shop floor, the place will look like a disorganised mess. With this in mind, a situation like this will tell us that everything should have a place and that everything should be in its place. Being lean, organised, methodical, and efficient, is a way of thinking. As any way of thinking can be changed, it is possible that the mentality of a workforce can be improved by the application of training programmes, and the implementation of positive thinking. Attention to detail is another aspect which will determine the efficiency of a production line, and paying attention to detail also applies to how or where we place tools, rather than just throwing them down anywhere.

I am sure that at some time or another we hear people saying that someone is try to run before they can walk. This might refer to a situation where someone does not finish a job properly due to the haste they conduct an operation. A job is not done properly until all the tools that has been used are put back in their places and the area left in a condition that can be used for another job at a moment's notice.

An industrial operation is as efficient as the way it is run. To this end, if each section within a manufacturing operation does start right, is done right way, and is finished properly, it will result with an overall better efficiency without having to involve a follow-up operation to undertake corrective action. I always found it beneficial to put a little extra time in the planning stages, because if the

planning is done right, it will help everything else to fall in place with ease. Finishing a job properly is of paramount importance, because if someone rushes to finish a couple of seconds earlier and in doing so the area is left cluttered with obstructive items, it will have a knock-on effect which keeps multiplying every time an operational cycle is concluded. From studies in industrial history, one can see that by cutting corners one does not gain anything, and it could have a negative effect. An example of this could be a case where an operator should check every assembly for conformity to a pre-agreed standard. Now if the operator is not doing the proper checks in order to cut corners, there will be a great possibility that items will be defective. If a finished product is found to be defective after it leaves the factory gates, the resultant effect could harm the reputation of the whole organisation. Here we have a case where saving a few seconds has resulted in a costly opposite action. This is where the theory of Sir Isaac Newton kicks in, when he said that for every action there is an equal and opposite

Although Sir Isaac Newton's profession was mainly in physics, and a brilliant scientist, he was also one of the greatest all round intellectuals who provided us with theories that could be applied to other professions. It is Newton's discovery of equilibrium that helps us understand how things are kept in balance, and if humans upset that balance and pushes things to one extreme or another, we could end up with a negative if not costly result. With this in mind, we might conclude by saying that things should be done properly first time, in order to prevent corrective action at a later stage.

Poetry by Joseph Caruana

By The Sea

Boats sailing across the bay People enjoying a nice day Seagulls flying in the sky The odd cloud drifting swiftly by

Days like this you would wish they last for ever Especially when the weather is turning slowly warmer A nice breeze coming in from the sea In such a heaven we would always wish to be

The traditional fish and chips
Cups of tea go down in sips
Ice cream vans doing their rounds
With horns blowing in different sounds

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Dementia Awareness Sessions Wednesday 8th May



What is Dementia?

Dementia is an illness caused by damage to a person's brain. Memory problems are one of a number of symptoms that people with dementia may experience. Others include difficulties with planning, thinking things through, struggling to keep up with a conversation and sometimes changes in mood or behaviour. Whilst it mostly affects older people, younger people can also get dementia.

Supporting people living with Dementia

Over 17,000 people affected by dementia live in rural Wales, yet they often face barriers and challenges to accessing the support they need to live meaningful lives and to remain part of their local community.

People affected by dementia often have to give up the things they love because of lack of awareness, stigma and unsupportive environments. With increased awareness, understanding and support from local communities, people affected by dementia can continue to live full and active lives.

Leeswood & Ponblyddyn is working towards becoming a Dementia Friendly Community

This involves working together to ensure people with dementia feel understood, valued and able to contribute to their community. Everyone in the community can be involved from churches to youth groups, cafes to bowling club, the local shop to hairdresser etc.

People in the community need to understand dementia before they can take dementia-friendly actions that will make the community more inclusive. Dementia Awareness sessions provide an effective way of increasing understanding in local communities. The session takes no more than 1 hour and involves learning more about dementia and the small ways we can all help.

We hope you will help us to make Leeswood & Pontblyddyn a Dementia Friendly Community

Wednesday 8th May 18:30

Leeswood Community Centre
To book a place please contact
Shereen 07469 851886

Source: www.alzheimers.org.uk; Alzheimer's society Dementia Friendly Rural Communities Guide

16 Leeswood & District News www.leeswood-district.news

Leeswood Allotments

(by: Kathleen O'Marah)

The number of cars on the car park is evidence of how busy the allotments are right now. People are visiting more often and staying longer now that the days are lengthening. At the time of writing (the 17th April...one day before the Leeswood News deadline!!), there is not much to see above ground on many of the plots; however we are keeping our fingers crossed that something is happening underground. Onion sets, garlic, broad beans, beetroot, potatoes - these are just a few of the vegetables which have been planted so far this year.

We know when planting has begun in earnest on the plots because allotment holders are requesting that the water supply be turned on after winter. We are fortunate that we have water available on our site. Already this year we have experienced dry spells and have needed to water seed drills and trenches prior to planting.

An added bonus of growing our own fruit and vegetables in our gardens and allotments is that it is very eco-friendly both with regard to the reduced use of plastic packaging and the "food miles" involved. If you feel inclined to join us in this healthy hobby get in touch with Joseph Caruana on 01352 770187 and if there isn't a plot available right away you can put your name on the waiting list.

Finally, as part of Leeswood's effort to become a Dementia friendly community, the Allotment Association held a dementia awareness session in the Sunshine Café on April 9th. Though not well attended, the people who did come along found it informative and would be more able to support anyone in the community living with dementia.





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LEESWOOD AND PONTBLYDDYN COMMUNITY COUNCIL

CYNGOR CYMUNED COEDLLAI A PONTBLYDDYN

05/3/2019

THE MINUTES OF THE PROCEEDINGS OF THE MEETING OF THE LEESWOOD AND PONTBLYDDYN COMMUNITY COUNCIL HELD AT THE COMMUNITY CENTRE ON TUESDAY 5th MARCH 2019.

PRESENT

Councillor R. Hughes, Vice-Chairman (in the Chair),

Councillors J. Atkinson, J. Caruana, D. Foster, L.C. Richardson, J.E. Saul, G. Sherwood and R. Williams.

Also in attendance Marie Reynolds - Clerk to the Council.

APOLOGIES FOR ABSENCE

These were received from Councillor C. Coleman, L.T. Coleman, D.K. Crowther, T. Hughes and D. Rule.

<u>**DECLARATION OF INTEREST - MEMBERS CODE**</u> <u>**OF CONDUCT**</u> There were no declarations of interest.

MINUTES

The minutes of the monthly meeting held on Tuesday 5th February 2019 had been circulated to all members. It was proposed by Councillor J. Caruana and seconded by Councillor R. Williams that these be accepted as a true record of proceedings. All Councillors in agreement.

The minutes of the meeting held on Tuesday 19th February 2019 had been circulated to all members. It was proposed by Councillor J.E. Saul and seconded by Councillor G. Sherwood that these be accepted as a true record of proceedings. All Councillors in agreement.

POLICE LIAISON

PCSO 3684 Peter Jones was in attendance. His report for this month had already been sent to the Clerk and circulated to all Councillors present

<u>Incident update</u> - (from 04/02/2019 to 05/03/2019)

<u>Crime Issues / Trends</u> <u>Last Month</u>

No updates to be given.

Sexual Conduct on King Street, Leeswood

- a person having a shower has looked up to see a phone giving the illusion that they are being filmed. All lines of enquiry completed, no suspect has been identified.

This Month

Theft from vehicle on Corwen Road, Pontybodkin - £600 stolen from cab of lorry while delivering oil. All lines of enquiry completed, no suspect has been identified.

<u>Criminal Damage - Oak Villas, Leeswood</u> - a lock has been broken off a gate and shed but nothing has been taken. All lines of enquiry completed, no suspect has been identified.

ASB Issues

None to report.

Other News/PCSO activities

There has been a spate of thefts/ people trying to gain entry into properties in the Wrexham/ Flintshire areas. Please report any suspicious activity to Police using 999 if the individuals are still present and continuing to act suspiciously (urgent) and the 101 service if the matter is not urgent.

PCSO Jones informed that there are nine PCSOs based in Mold Police Station which covers a large area in South Flintshire. The PCSOs are on a shift pattern with not all of them on duty at the same time. Shifts are nine to ten hours. It was commented that the majority of incidents reported did not seem to have suspects identified or caught.

Councillors raised the issue of speeding in the village of Leeswood, particularly on the Dingle Road, where vehicles do not slow down once they enter the 30mph area. Observation was made that there is speeding throughout the village especially on Queen Street/King Street. PCSO Jones advised that he would get an update on the speeding for the next meeting. Councillor R. Hughes, Vice-Chairman, thanked PCSO Jones for attending the meeting.

CEMETERY

The Clerk informed that Mr Aled Davies, Cemetery sub-contractor had been unable to attend the meeting this evening. It was agreed by all Council that the meeting with Mr Davies be rearranged at a time convenient.

Councillor R. Hughes, Vice-Chairman, advised that complaints had been received about the molehills in the Cemetery.

The Clerk reported that Mr Davies had arranged for traps to be set in the Cemetery and that a mole had been caught. Mr Davies had forwarded a photograph of this to the Clerk.

It was reported that the Cemetery was looking very well, a good job had been done with the fencing on the new extension. The clay in the existing Cemetery was to be moved into the new extension through an opening on the first bend.

PLANNING APPLICATIONS

Application number: - 058946
Proposed Residential Development
Factory 2, Pontybodkin Hill, Leeswood, Mold, CH7 4RY.

Information was received that this application had been returned to the Agent with

LEESWOOD AND PONTBLYDDYN COMMUNITY COUNCIL

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05/3/2019

regard to the inclusion of three storey properties on the development.

AGE FRIENDLY COMMUNITIES

Councillor G. Sherwood reported that the Steering Group had met on 4th March 2019. The winter meal event which had been open to residents aged over 50 years had been very successful with approximately 100 residents being fed. Councillor J.E. Saul had taken photographs at the event, putting them on the Community Council website and the Clerk was to forward the link to access these to Mrs Helen Jones, Older People's Strategy Co-Ordinator, Flintshire County Council.

This Council had an excellent Dementia Friendly training on Tuesday 19th February 2019. Another Dementia Friendly training session is to take place at Ysgol Derwenfa. It was hoped that a session open to the public could be arranged in May 2019.

The café is still doing very well. Volunteers To help with the café are still needed.

PARKING ISSUES - BELL'S CORNER AND JUNC-TION OF BRYN CLYD/KING STREET

E-mail correspondence had been received from Lee Shone, Road Safety Officer, Highway Strategy, Streetscene and Transportation, Flintshire County Council. The proposed parking restrictions at Bryn Clyd and near to the cenotaph will go through the following process: -

Firstly, prior to completing a Draft Order, Notice of Proposal and Statement of reasons, it is necessary to seek approval from the Emergency Services and key Stakeholders. All documentation would need to be bilingual and unfortunately the cost of the translation is non-

refundable. The Notice would then be advertised in the local press, online, on-site and in a nominated location such as a local Library/Post Office for the statutory 21 days Consultation Period, again all associated costs are non-refundable. There is a potential risk that objections may be received during the consultation period, of which we cannot determine the outcome and these objections may not be able to be overruled, therefore, any associated costs will again be borne by the Community Council. However should the objection not be valid, then a Delegated Report will be written and signed, recommending that the objection(s) be overruled. The Notice of making can then be advertised, with the order being

sealed, and all objectors will receive a written response. Following this, the road marking works would then be programmed.

Should the proposal not go ahead, there will be an element of cost for the Traffic Regulation Order that is non-refundable and the cost of the physical works such as the road markings, would only apply should the proposals be implemented. The maximum anticipated cost of the Traffic Regulation Order including the physical works is £3000 however the cost would be less, should the Order not be implemented following receipt of an objection that cannot be overruled. The Clerk reported that she had confirmed with Mr Shone that this Council wished to go ahead

been put out on Friday 22nd February 2019 **CADWYN CLWYD—iBEACON PROJECT**

Councillor D.K. Crowther had sent e-mail correspondence relating to the iBeacon training session held at Ysgol Derwenfa.

with this process. Also, that the notices had

Councillor J.E. Saul and Mrs Jo Danson had also been present at the School. The training went very well and the teachers seemed excited to get fully on board. They came up with some great ideas/projects for the children to get involved in

Mrs Jo Danson is hoping to launch the Leeswood Digital Trails on Thursday 9th May 2019 at Leeswood Community Centre. This event would start around 6pm. Mrs Linda Dilkes has indicated that she would be happy for the School choir to help with the launch which would hopefully bring in more people.

Timescales and issues to be resolved: i) 20th March 2019, teachers to provide Mrs Jo
Danson with material to down load. Mrs Danson
will visit the school and help at a time conven-

- ii) Community Councillors to approve the date of the launch as the 9th May 2019.
- iii) The Community Centre Management to be contacted to check if the Community Centre is available for 9th May 2019.
- iv) The launch of "Leeswood Digital Trails" to be publicised in the Leeswood News and other media outlets, including digital media such as Facebook etc.
- v) Would the councillors be willing to provide refreshments (tea/coffee and biscuits) on the night? Or could the bar be opened and soft drinks be provided for children?
- vi) The opening page on the site to include: "Welcome to Leeswood & Pontblyddyn". The Community Councillors to agree the wording and

LEESWOOD AND PONTBLYDDYN COMMUNITY COUNCIL

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what is to be included and the signature of the current chairman to finish, the signature could be updated each year as the Chairman changes. This needs to be something that sells the village to locals and visitors.

vii) Arrange for the beacons to be placed in their locations before the launch date. This might need someone young and with a suitable size ladder and a map of the locations.

Councillor J.E. Saul advised that he would give the Councillors a preview of what would be on the iBeacons prior to the launch.

FLINTSHIRE COUNTY COUNCIL - BEST KEPT COMMUNITIES COMPETITION 2019

Members had been circulated with a copy of email correspondence from Janet Kelly, Democratic Services Support Officer, Flintshire County Council, advising that Shaun Darlington from FLVC would be prepared to attend a meeting of this Council and discuss what they can offer, whether it is support applying for grants or volunteer support. Also circulated to Members was a copy of the FLVC presentation given at a meeting at County Hall and a copy of the FLVC annual Impact Report 2017/2018. It was agreed by all Councillors that Shaun Darlington of FLVC be invited to attend a meeting of this Council.

PONTBLYDDYN CROSSROADS

Councillor R. Hughes informed that he had spoken with Lee Shone, Road Safety Officer, Highway Strategy, Streetscene and Transportation, Flintshire County Council. Mr Shone had advised that he would be sending a breakdown of the speed survey as per this Council's request. It was pointed out that it is important to get a breakdown of this survey as there could be figures in it that will skew the results. At certain times of the day the traffic will be moving very slowly as there is a gridlock but at other times vehicles could be moving considerably above the speed limit. Observation was made that the Officers of the Flintshire County Council present at the site meeting held on Friday 30th November 2018, were investigating three options: - a) traffic calming; b) traffic lights on the crossroads and c) average speed measurement. Further comment was made that when the Police become involved they will want to know about any fatalities and serious accidents at the location. It was pointed out that something needs to be done before it reaches the stage involving accidents or deaths on the road.

PONTBLYDDYN VILLAGE SIGN

The Pontblyddyn village sign on the Nant is due to go up soon. It was pointed out that the sign on the Chester Road, Pontblyddyn, had been damaged by the farmer's hedge cutter.

This sign had been replaced free of charge by Flintshire County Council.

20MPH MANDATORY SPEED LIMIT OUTSIDE FLINTSHIRE SCHOOLS

Information was received that Flintshire County Council are now working to have the 20mph advisory signs outside Flintshire Schools changed to mandatory 20mph signs. Councillors were very pleased about this.

YSGOL DERWENFA, LEESWOOD - IT EQUIPMENT
The Clerk informed that she would contact Mr
Gareth Owens, Legal Services, Flintshire County
Council, regarding how a donation could be given to a School from a Community Council. Councillors asked if purchasing equipment would be a possibility.

150[™] ANNIVERSARY OF THE MOLD RIOTS, 2019

Members had been circulated with e-mail correspondence from Kevin Matthias. Chair of the Daniel Owen Festival. In his e-mail, Mr Matthias refers to Samantha Roberts at Mold Town Council mentioning the Daniel Owen Festival's interest in involving the community at Leeswood in our activities this year (festival dates are 19-26 October) as it is the 150th anniversary of the Mold riots. It is going to be an exceptional year for the festival and for Theatr Clwvd who are producing a ground-breaking exciting community theatre project. The Festival Group held its first meeting last night and were introduced to Alice Evans who has been appointed as a the Community Development Producer by Theatr Clwyd especially for the Riots project and who will be co-ordinating related events from the Spring onwards.

One of the events the festival had already thought of doing was a walk from Leeswood to Mold on the Sunday afternoon (20th October 2019). This could evolve into other activities: banner making, musical accompaniment etc.. The Theatr is also considering inviting the walkers who wish to stay in Mold after the walk to the final dress rehearsal (100 actors performing in the streets of Mold) if it fits into their schedule. Representatives at Tyddyn Street Chapel have been asked if they could have the chapel open for refreshments for the walkers on their arrival. As the chapel is more or less the site of the riot they have information panels on the event. The Festival would also like to have a walk around the area where the troubles began on the Thursday afternoon but there will be more information on that to follow.

Councillors expressed their wish to be involved with the Leeswood aspect of the Festival and all agreed that Mr Matthias be invited to attend a meeting of this Council to discuss the matter further.

LEESWOOD AND PONTBLYDDYN COMMUNITY COUNCIL

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FLINTSHIRE COUNTY COUNCIL STANDARDS COMMITTEE - VISITS TO TOWN AND COMMUNITY COUNCILS

Correspondence from Gareth Owens, Chief Officer, Governance, Flintshire County Council, which gives feedback on the recent visits by Standards Committee members to Flintshire Town and Community Councils had been circulated to all Councillors.

This is Mr Owens' second update regarding the visits by the independent members of the Standards Committee to Town/Community Council meetings to observe practice and gain an understanding of how local council business is conducted.

The findings from further visits undertaken were reported to the Committee on the 4th February and I am writing with feedback to all Town/ Community Councils to give assurance on good practice and procedures. Findings from four further visits, undertaken in October and November last year, were received by the Committee this week. As in the case of the last reported visits, the four independent members agreed that these had been positive experiences and praised the level of commitment and contributions by those in attendance. Amongst the findings were some minor procedural points that may be of general interest and assistance to all Councils. The points focus on helping members of the public who wish to attend meetings and some of these points were identified in respect of the last four visits:

- i) The same point was made again about the importance of the location of meetings being clear and information being available on the website and on noticeboards, as well as venues being clearly signposted where there is more than one room in the building;
- ii) The best use of the layout of the meeting room should be made, in terms of the audibility and visibility of the meeting for any public attending; iii) The identity of members of the meeting itself should be made clear for the benefit of any public attending;
- iv) Following the requirements of the Code of Conduct when declaring interests at meetings including explaining the nature of the interest, how it has arisen and what steps you will take in respect of it (e.g. to leave the room if it is a prejudicial interest) and that a request for any such declarations is made by the Chair at the beginning of the meeting prior to considering any substantive business.

Mr Owens goes on to say that the committee hopes that this feedback is useful and wishes to acknowledge the dedication and good work undertaken by Town/Community Councillors in their voluntary roles.

Councillors accepted this correspondence.

<u>WELSH ASSEMBLY GOVERNMENT - SENEDD</u>

AND ELECTIONS (WALES) BILL

Councillors had been circulated with a written statement by Elin Jones AM, Llywydd, as Chair of the Assembly Commission.

The introduction of the Bill follows a period of public consultation by the Assembly Commission on proposals to change the name of the National Assembly, on the recommendations of the Expert Panel on Assembly Electoral Reform and on other proposed changes to the Assembly's electoral and internal arrangements.

The Bill proposes to use powers in the Wales Act 2017 to:

i) change the name of the institution from the National Assembly for Wales (Cynulliad Cenedlaethol Cymru) to the "Senedd", and make consequential changes to relevant names, titles and descriptors; the "Senedd" may also be known as "Welsh Parliament"; ii) lower the minimum voting age in Assembly elections to 16, and implement reform of associated electoral registration arrangements;

iii) make changes to the law on disqualification from being an Assembly Member;

iv) place a duty on the Senedd to consider the financial and oversight arrangements for the work of the Electoral Commission in relation to devolved Welsh elections and devolved referendums:

v) introduce a regulation-making power to implement Law Commission recommendations; vi) extend the deadline for the first meeting of the Assembly after an election; and vii) clarify Assembly Commission powers to charge for goods and services. This document was accepted.

FLINTSHIRE COUNTY COUNCIL - LOCAL

TOILETS STRATEGY Members had been circulated with e-mail correspondence from Barry Wilkinson, Highway Network Manager, Streetscene and Transportation, Flintshire County Council, advising that the consultation for the Flintshire County Council Local Toilets Strategy is now available for review and comment. It was agreed by all Councillors that this Council should put forward the opinion that the provision of public toilets is essential.

PRESENTATION FROM THE WALES AUDIT OF-

FICE Copy of e-mail correspondence from Paul R. Egan, Deputy Chief Executive and Resources Manager, One Voice Wales relating to a presentation given by the Wales Audit Office to the Larger Councils Committee, along with a copy of the Auditor General for Wales publications; 'Internal Audit Arrangements at Town and Community Councils in Wales' and 'Financial Management

LEESWOOD AND PONTBLYDDYN COMMUNITY COUNCIL

CYNGOR CYMUNED COEDLLAI A PONTBLYDDYN 05/3/2019

and Governance - Town and Community Councils 2017-18' had been circulated to all Councillors. These documents were accepted.

NORTH WALES COMMUNITY HEALTH COUNCIL - ALL WALES GP OUT OF HOURS SURVEY 2019

Members had been circulated with a copy of email correspondence from Carol Williams, Deputy Chief Officer, North Wales Community Health Council, requesting help in publicising a survey on GP Out-of-Hours services. The survey was launched on 22nd January 2019 and is aimed at anyone who has used the Out-of-Hours service during the last six months. Also enclosed is a copy of the survey. It was agreed by all Councillors that a link to this survey should be put on this Council's website for residents to access.

COUNTY FORUM MEETING OF 14TH FEBRUARY

2019 Members had been circulated with copy email correspondence from Sam Perry, Corporate Business and Communications Support Officer, Flintshire County Council relating to the County Forum meeting held on 14th February 2019. Also circulated with the following: -

Item 1b - Presentation slides - Council Plan 2019/2020 Priorities - any feedback needs to be sent by the end of March 2019,

Item 1c - Presentation slides - Community Resilience Update,

Item 1d - frequently asked questions - Budget - Flintshire County Council wish to know if there are any FAQs missing and they will be added accordingly,

Item 1f - Presentation slides - Third Sector Support Using Dewis Cymru, also flyer for Dewis Cymru - Flintshire County Council request that Dewis Cymru is promoted within the community and via the website.

Councillor J.E. Saul had attended the meeting on behalf of this Council. He advised that the Dewis database for local services was excellent, a very useful tool that showed everything available within a certain radius. It was agreed by all Councillors that this database be promoted via the Community Council website.

COUNTY COUNCIL MATTERS

i) Changes to bus service from 31st March 2019 – it was brought to the Council's attention that the number 26 bus would no longer be serving the sheltered housing accommodation from 31st March 2019. For over twenty years, the 26 bus has served the OAP sheltered housing accommodation in Leeswood, travelling around the estate of Heol-y-Goron/Bryn Clyd. Councillors expressed their gratitude for the inclusion of the OAP sheltered housing accommodation on the route as they believe that this assists those residents who struggle to get out. They are now very

concerned that if this part of the service is withdrawn, members of the Community will become isolated, unable to get out. It was agreed by all Councillors that the Clerk should write to the Manager at Arriva Wrexham Depot, expressing this Council's dismay at this change, stating that it would cause hardship and isolate the most vulnerable

ii) Garden Waste, Flintshire County Council – Council were advised that Flintshire County Council would be collecting the garden waste bins on the old labels for this month. The residents who have paid for their garden waste to be collected will be receiving their new labels soon.



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CPR and DEFIBRILLATOR TRAINING

Hello Readers

Firstly, I would like to thank everyone who attended CPR and defibrillator training at the Leeswood Community Centre on Saturday 13th April 2019 and, in particular, I would like to extend my thanks (massively) to the Welsh Hearts charity for their continued support in providing our little community with the chance to learn the vital skills needed in order to try and save someone's life as well as teaching us how to use the all important defibrillator.

As it was our trainer was very impressed that the defibrillator machine in the community centre was fully functioning as, apparently, she had recently been to two venues to undertake training and one did not have the battery in correctly and the other was still in its wrapping. WOW! Nevertheless, I have e-mailed the charity to thank them and indeed their trainer (Joanne Davies) who, bless her, delivered training to three consecutive classes running from 3pm through to 7pm. I do now think however that we can at least whittle classes down from three to two in the future, which of course is good news for the charity's trainer! I think Joanne was exhausted by the end but she was outstanding each time to be fair to her.

What amazed me though was the fact that two gentleman turned up unannounced to take part. Amazed not because they turned up without booking a place with me but because they had contacted the charity to see when and where the next training session was. And that was here, in our little village. It turns out that, just a couple of weeks earlier, both gentleman had been out cycling and they came across a road traffic accident. It was sadly too late to save the injured party but the reality for those men was that neither of them were CPR trained. This then spurred them both on to come along and learn the basic skills of saving someone's life. And they had even travelled from Colwyn Bay for it! Hats off to them both!!

Hats off also to those who then went on to have a few minutes of private training at the end of each session in order to obtain their certificates, with some participants as young as 7 years of age. Well done to everyone. There were quite a lot of them. I was impressed! I hope those efforts may never have to be used in a real situation but these are the type of people you would hope are around if ever needed.

A few people have once again asked why the defibrillator machines are not situated outside either the school or the community centre for easier access, and I completely understand the public's frustration when the machines are locked away and only accessible when both the school and centre are open, but when the trainer from the charity informs you that a group of teenagers in Ellesmere, Shropshire recently gained access to an outside machine and then tried to "shock" a duck in the hope of possibly killing it, you can kind of understand why we want to keep our machines safe. Particularly when they cost £1,000 each! What those teenagers did not realise however was that the machines are completely ineffective if someone or something is not in cardiac arrest. Not the point though eh!

The charity are trying to get into all schools in order to educate the younger generation about these machines so that they are not misused or vandalised. It is also down to parents to educate their children about the importance of the machines particularly, if at any point, here in our village they are situated outside.

I did say in my last write up that I would hope to arrange another session for the Autumn but it is more than likely to now be in the Spring of 2020. Unless of course anyone else would like to go about organising a session. It would be more than welcome for sure but, for now, thank you.

Kind regards,

LOUISE HOYLE FENNELL







What is the Leeswood & Pontblyddyn Age Friendly Community Group?

The Leeswood & Pontblyddyn Age Friendly Community Group is made up of volunteers who are committed to making Leeswood & Pontblyydyn an Age-Friendly and dementia inclusive community.

An Age-Friendly Community is one where everyone (regardless of age), is able to stay healthy and active and participate in community activities and where everyone is treated with respect. Age Friendly Communities is the overarching priority in the national Ageing Well in Wales programme that aims to make Wales the best place to grow older for everyone. To work towards being Age-Friendly, communities identify the priorities that will better support people as they age, agree initial actions and work together to put them into practice. We are proud to be recognised by Ageing Well in Wales as working to be an Age-Friendly Community.

Dementia Friendly Communities is an Alzheimer's Society initiative which is supported by the Welsh Government and included in the national Ageing Well in Wales programme. We are proud to say that Leeswood & Pontblyddyn is progressing towards receiving 'Working to become dementia-friendly' status and will be recognised by Alzheimer's Society, Cymru for the work that it is doing.

How to get involved?

If you want to know more about becoming age and dementia-friendly and would like to affiliate with the steering group so your business/ organisation/ service can also receive recognition and the ability to display the 'Working towards' logo proudly, please get in touch.

Dementia Friends

The steering group facilitates Dementia Friends Sessions to help raise awareness of what dementia is, how it affects people and what we can do to support people living with dementia in our community. The sessions last no longer than an hour and cost nothing but your time. We offer open sessions for anyone to attend, but also can deliver sessions for any business or organisation at a time that is convenient for you.

Get in touch

Email: Shereen.Devine@volunteeringmatters.org.uk tel. 07469 851886

EDITORS RECOMMENDATION - I had a great breakfast down at the new Café this morning. No hard crispy bacon in sight....instead a lovely piece of bacon, great sausage and amazing

scrambled eggs. They make a great cuppa too. Saw couple of people having the 'bin-lid' looked great—but would do me two meals. Atmosphere is great and sensible prices. What more could we want folks on our doorstep. I am looking forward to watching them develop in the future. Well done Old Stores Motorbike Café—keep it up.

(The Old Stores Motorbike Café, New Inn, Pontblyddyn)

Personal Assistant

I'm looking to recruit a personal assistant who can help me achieve the things that matter, and inject real meaning into daily living.

My Asperger's creates anxieties, challenges and barriers that prevent me from achieving my core ambitions

This is a unique role, bringing the 'right' attitude with you, and being there, is of greater value than qualifications and experience. However, you will also bring a flexible attitude, and be open to new ideas.

I follow a range of interests including being a contemporary artist with exhibitions planned for this year.

This is a paid post at £9.50 p.h.

For more details, please contact Emily Kershaw on 01352 701135 emily.kershaw@flintshire.gov.uk







Leeswood & Pontblyddyn
Age & Dementia Friendly Steering
Group

Saturday 11th May
10:00 - 12:00

Leeswood Community Centre
Sunshine Cafe will be Open