Leeswood & District News



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VILLAGE NEWS - CORONA VIRUS

Co-operative shop opening hours - Now 8 am to 8pm (Monday to Sunday) No 27 Bus running every 2 hours Recycling centres in Flintshire - re-opening Tuesday 26th May 2020 Flintshire Refurbs re: Bulky items - phone to book from 26th May - Collections from 1 June

As of date or production of this news letter (21st May) Wales is still on Lockdown. Welsh Parliament reviewing end of May 2020.

KEEP SAFE, KEEP ISOLATED, KEEP YOUR DISTANCE

Do you have an idea for a grea	at article?	Maybe you have a story to share?
Are you aware of any local events publication?	ents or notices	es that need to appear within this
Please send, or drop it in, to: June Lincoln,		
7 Llys Ann, Leeswood, CH7 4RW	DEADLIN	NE FOR JULY 2020
07738 876302 58junelincoln@gmail.com	EDITION	I – Thursday 18th June 2020



County Road, Leeswood, Flintshire CH7 4RF 07955 847917 www.bethanialeeswood.org

Having the very mind of Christ...

In 1 Corinthians, chapter 2, in the Bible, St. Paul writes about how God's wisdom is revealed in Christ and gives his followers a unique world view with a transformed perspective on current affairs and life as a whole. It's not about becoming a clever clogs, but gaining an understanding that God is working his purpose out as year succeeds to year. The Holy Spirit takes us to the heart and mind of God and leads us to the development of our understanding.

God's wisdom was once a hidden mystery, but now in Jesus is made known. God's mystery is out of this world but has come to earth: best summarised in the opening gospel. statement of John's "In the beginning was the Word, and the Word became flesh and dwelt among us." In New Testament Greek 'the Word' described here, really means 'the Mastermind.' We see the mystery of God's master plan at Christmas, Easter, Pentecost -God's purpose moulding history and the future of the universe.

When St. Paul writes about a Christian *"having the mind of Christ"* he is not thinking about our IQ or brain power, but a spiritual perception we develop as we come to see world and society through the eyes of Christ as we live in the way of Christ. The Holy Spirit working in us to make the purpose of God our number 1 priority so we can pray as Jesus did, even under trial, "not my will but yours be done." This is what it means to have 'the mind' or 'the outlook' of Christ

It's living the life of God's Kingdom as we see it in the Lord's prayer. There's one purpose: Thy Kingdom come, Thy will be done on earth as in heaven. There's our lifestyle: give us this day our daily bread – one cheeseburger not two! There's seeking forgiveness for ourselves and others. Remember how Gordon Wilson responded to the IRA bombing at the Enniskillen Remembrance Day parade in1987 when his daughter was one of those killed. If you've forgotten check it out via Wikipedia. There's seeking avoidance of temptation and deliverance from evil – helping us to avoid the traps that come from others and our own personal appetite. It all comes under the banner of God's Kingdom, power and glory.

Paul is writing about how the Holy Spirit directs our understanding to recognise how the mystery of God is revealed in the life and purpose of Christ, and how the mind of Christ leads us to passing on the light of Christ in the way we live and serve his kingdom.

Martin M'Caw

Coronavirus update In line with Government guidelines on public gatherings, all Bethania's public meetings (including below) have been suspended until further notice.

Morning Service

Our morning service begins at 10:15am and finishes about 11:30am. The service is structured but fairly informal in style. We sing modern Christian songs and some classic hymns too. We have Bible teaching that is relevant to our lives and journey of faith, and should be appropriate for those who are seeking faith **Kidzone** is available for younger children. After the service we have tea and coffee, and sometimes a meal together as a church family.

Croeso

Er mai Saesneg ydi prif iaith ein cyfarfodydd, mae sawl un ohonom ni'n siarad Cymraeg ac yn falch iawn o gael byw yng Nghoedllai a'r cyffiniau ac o gael gwasanaethu ein cymuned drwy gyfrwng y Gymraeg. Mae croeso mawr iawn i chi ymuno â ni ar y Sul.



Cedron is located at the bottom of the Pontybodkin Hill, Leeswood and is nestled near the junction with the Corwen Road by the bridge. No doubt you have driven past it many times on your way to Mold, Wrexham or Chester.

We are a small, friendly, welcoming group of Christians who meet every Sunday morning at 10:30am. Our meeting normally lasts an hour. So, instead of driving past we would love to see you and welcome you as we meet to worship God, sing, pray, talk, share and read and study the Bible together in a friendly and informal atmosphere

SPEAKERS for May/June 2020 (subject to the lifting of Government restrictions)

May 24 th	Clive Davies
May 31 st	Chris Byrne
June 7th	Alyn Thomas
June 14 th	To Be Announced
June 21 st	Clive Davies
June 28 th	Clive Davies

Message from Cedron's Minister

Clive Davies writes:

Well, it has been an eventful start to my Ministry at Cedron! It is all very good to make our plans, but we must always remember that sometimes something totally unexpected can throw them off-line! Such has been the case in the last couple of months. So firstly it is my prayer that you are all keeping safe and well at this unprecedented time in our lives. There have been many changes, challenges and amazing acts of courage and compassion. We have demonstrated a selfless ability to help those particularly in need. We have come together to celebrate 75 years of victory in Europe. We have shown, as if we didn't know already, just how dependent we are on our amazing health service! We have shown great support for each other. We have behaved, In the main, respecting our government instructions by staying at home, keeping distance etc. Hopefully, over the next weeks and months we will be able to regain our freedom and get back to normality. On this issue I will say that it is my prayer that we can return to worship at Cedron Chapel soon. It may be a little different, certainly with distancing etc, but it would be wonderful to return! Maybe, weather permitting outside services?! I have been busy creating a Cedron Chapel Facebook page (**#Cedron Chapel**) in order to help share our message with you. Also, I am looking to join the Leeswood Community Group. I want us at Cedron to be a part of our community here in a proactive way! At these present times local get-togethers such as festivals, fetes, etc are not going to happen, so we need to find new ways to do Church! My prayer to you this month is this:

Dear Lord our heavenly Father, we pray that during this difficult time in people's lives, we can find new friendships, new ways of understanding, new ways of doing the work You have given us to do. We pray for all who are suffering at this time in mind body or spirit, and we pray they feel Your healing hand upon them. We pray for all in our wonderful NHS workers, and we pray that their amazing skills, compassion and dedication is acknowledged by all. We pray for health, wisdom and a robust strength of character to all our leaders, and may we soon be free to show our love for You and for each other in our Churches again. In the precious name of Your Son, our Saviour Jesus Christ. **Amen.**

God bless, Clive Davies. (Minister: Cedron Chapel) For anyone wishing to speak with Clive, he can be contacted at: 01244536988(fixed), 07811807446(mob).

Local community garden initiative.

Progress has been somewhat restrained under the current lockdown, however a few seedlings have been planted out and God willing, more are to follow in due course. If anyone in the local community would be interested in helping in any way including administering the work, please get in touch on <u>Cedron.congregational@gmail.com</u>.

Cedron.congregational@gmail.com www.cedrononline.com

CHRIST CHURCH, PONTBLYDDYN

EASTERTIDE DOES SEEM TO GO ON A BIT!

I always think that Eastertide seems to go on for a very long time. On Easter Day we celebrate the risen Christ, for the next couple of weeks we think about him appearing to the disciples, then (in a normal year) the children go back to school and the rest of us turn our attention to the Summertime which is ahead. But Eastertide continues, there are 40 days in Eastertide (6 weeks) before we get to Ascension Day, then another 10 days before we get to Pentecost, when the Holy Spirit came to the disciples, and the church was born.

As I write this, we have finally reached the week when we celebrate Ascension Day. The week when we think about Jesus going back to the Father, having promised his disciples that he will send the Holy Spirit to help them continue his work. They are told to go back into Jerusalem and wait! But wait for what? They don't know what the Holy Spirit will look like, or what he (she) will do. They have no idea what will be expected of them in the future. They probably knew they couldn't go back to the lives they lived before Jesus came, but what next?

I suspect that we are all feeling a little bit like that at the moment. Our lives have changed, whether we are key workers, still in lockdown or beginning to try to ease back into work. Whatever we are doing we are still, in effect, waiting! What will the next stages be as lockdown is eased, what will our lives be like when we reach the new normal, where social distancing continues, and so many things we once took for granted have changed.

Change is a constant in all our lives, from the moment we are born we embrace a life of change as we go through childhood, teenage years, young adulthood, middle age, and on into the more mature years of life. But it is normally gradual and that is far easier to cope with than the sudden dramatic changes we are seeing in society at the moment.

For the disciples, the wait ended with the coming of the Holy Spirit, which in turn, sent them out into the streets to tell the world about Jesus. Some of them (like Peter, James and John) became quite famous and we can still read about their actions today. Others (like Matthias, Bartholomew and the other Judas) disappeared into obscurity, but that doesn't mean they did nothing, it simply means we don't know what they did, all we do know is that they laid the foundations for the Christian Church.

In one of the accounts about Jesus ascension, Jesus recognises that the disciples will be anxious and fearful of stepping forward into a changed way of life. He assures them that, although they won't be able to see him, he'll be with them to the end of time.

We have no clear idea of how things will work out in the future, life will be different, but in what way? However, the promise Jesus gave to his disciple is for us too. No matter what we face, no matter how many changes there are ahead of us, Jesus still says: "Remember, I am with you always, to the end of the age".

Carole M Poolman

Vicar of Pontblyddyn.

CONTACT DETAILS: Rev'd Carole Poolman,

The Rectory, Llanfynydd, Wrexham.

LL11 5HH.

Phone: 01978 762304

Email: cc.sm@btinternet.com

Although the church building is closed at present, please feel free to contact me at any time to talk – or to ask for prayer. Carole

Services are taking place on Zoom every Sunday at 11 a.m., if you would like to join us let me know and I will send you the link.

Carole

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🐧 01352 762102 🛛 🍘 hannahblythyn.wales 🔵 38 Church Street, Flint, CH6 5AE

Poetry by Joseph Caruana

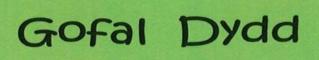
They Saved The Day

How brave are those who work in the NHS Whether they are doctors, nurses or even less They did not down tools and run away But at their post they did stay

They deserve all the praise they get When this is over we will not forget That they gave what was asked of them While standing firmly at the helm

They have done their work with pride They put all the worries to one side All future generations will remember and say That those were the heroes, who saved the day





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drwy'r flwyddyn	All year
Derbynir plant 2 oed hyd at 5 oed	Children are accepted from 2 years up to 5
<u>RhestrPrisiau / Price List</u>	<u>30 AWR GOFAL PLANT AM DDIM</u>
Club brecwast/Breakfast Club 7.45 - 9 = £4	<u>30 HOURS FREE CHILD CARE</u>
Bore / Morning session 7.45 -11.30 = £11	Mae'r Cylch Meithrin wedi cofrestru gyda'r
Bore estynedig/Extended Morning 7.45 - 1 = £16	Cynnig Gofal Plant i Gymru.
Bore / Morning 9 - 11.30 = £7 Sêl Ionawr £5 I	Am wybodaeth cysylltwch â'r Cylch.
blant newydd/January Sale £5 for new starters	The Cylch is registered with the Child Care
Bore estynedig / Extended Morning 9 - 1 = £12	offer for Wales
Diwrnod ysgol/School Day 9 - 3 = £17	Cyfle Cynnar/Early Entitlement
Pecyn Diwrnod Llawn / Full Day Package	For further information contact the Cylch.
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Leeswood Allotments

The allotments are looking good at the moment and certainly our plot is ahead of where it is normally at this time of year. Allotment holders have been using their outdoor exercise time to work on their plots and the fair weather has helped enormously. However, unfortunately, a couple of nights of frost have damaged the first leaves which had emerged on the rows of potatoes. In my experience though, they do recover so, fingers crossed, all is not lost.

We have a good number of flowers on our strawberry plants this year so hopefully there's a good crop to come and when they do ripen we will have to ensure that we keep the birds away. I'm hoping that my rainbow windmill (bought from our wonderful co-op) will deter them long enough for us to have our fair share.

Allotment holders use various methods of scaring birds and on Leeswood Allotments we have our own resident hawk, "Harry". He's been with us a few years now and though a little worn with age (I know the feeling) he's still a handsome fellow

Once again we hope everyone who helps produce the Leeswood and District News and all its readers and their families stay safe and well in the coming months.



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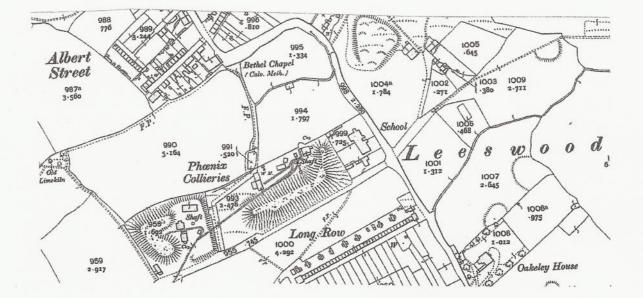
a C A C TRACKS

Ways of getting about. Not the hard surface of a road. Not a pavement. Not a footpath over fields. It's a TRACK. There are quite a few in the area which will provide excellent exercise routes during lockdown, and they all have different origins. Some are relics of our INDUSTRIAL past – some converted from earlier TRANSPORT systems – some are AGRICULTURAL tracks, providing access for crops and animals. Here are three tracks to explore.

First up is the broad TRACK in the centre of the village which runs between the council houses of Bryn Clyd and Heol-yGoron on the one side and Phoenix Park on the other. Start at the Community Centre, and go back in time. The Community Centre was originally the Board School, which came into being as a result of the 1870 Education Act. The school opened 140 years ago on 1st June 1880. Carlton Jones, in "Leeswood Past and Present" quotes from the school's log book for 1st June 1880: "School opened this morning – admitted 50 children. Principal teacher Henry Jones, other teachers Mary Pauline Jones and Elizabeth Hopwood. The Attendance Officer called this morning" Attendance seemed to be a problem and in October children were off school, away in the fields, getting the potatoes in.

As you walk past with the Centre on your right, the Head teacher's house is still prominent as a separate building. Make for Phoenix Park. Why "Phoenix"? you might ask. The Phoenix was a mythical bird which came to life out of the ashes of the dead. And "ashes" is the clue. Over to the right, where there is now a Park, there used to be a Colliery, It's hard to picture Phoenix Colliery in the centre of the village [and close to the school] with its distinctive Headgear and winding shafts above ground while underground 227 miners dug away at the seams of coal. The Phoenix Coal and Cannel Company was formed in 1896 and was known as the Phoenix Colliery Company by 1908 when the actual name of the mine was "Board School", marking the close proximity of the pit to the school. The colliery closed in 1944, for a while, it was thought, and never re-opened.

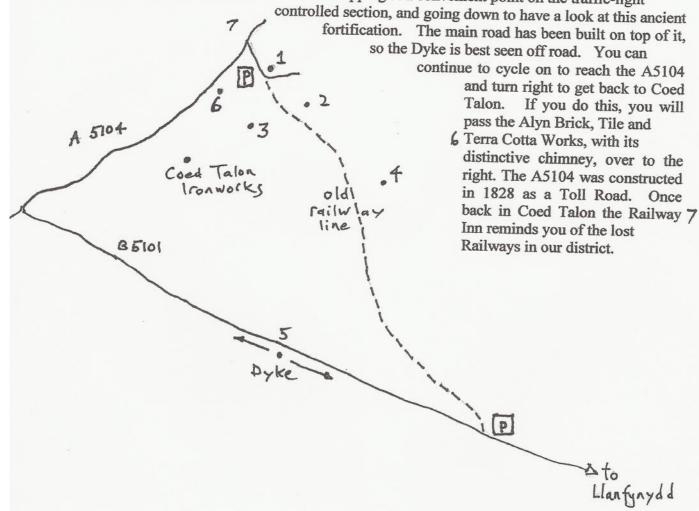
As you walk along this broad track, it's hard to imagine it was once part of a thriving industrial site. The track takes you on to other pits and collieries, but nowadays as an access route it will take you down to Black Meadows.



As you will know there used to be a thriving RAILWAY system in the area, with Coed Talon as the hub. Passenger trains ran from here to Mold and in the other direction to Brymbo and Wrexham. Goods trains came in along the main line from Chester to Mold crossing the road at Pontblyddyn on a railway bridge long since gone. Indeed the whole railway system here is lost, but fortunately there are still some elements of the permanent way [there's a contradiction in terms] which have been turned into tracks. One in particular runs from Coed Talon along the old line to Brymbo, and this has been converted into a Nature Reserve and walkway. One good thing about railway lines is that they are level, sometimes with a gentle gradient, but on the whole good for walking, horse-riding and sturdy bikes,

Start in the Car Park just off the main A 5104 road at Coed Talon close to Capel Seion/Zion Chapel built for the Calvinist Methodists in the 1870s – now a private house – and find the old railway line. One of the reasons why this was such a busy railway hub is the existence of many industries in the area, ironworks, brick, tile, oil works and collieries. Over to the left, as you begin to follow the track, is the site of Engine Pit, opened in 1864.² The coal seam produced an oil shale which was used to make lamp oil. Over to the right is the site of the large Canneline Oil Works (1862-1885).³ High quality lamp oil was produced here, which was far less smelly than whale oil and cheaper than beeswax candles. Another Colliery, over to the left in the wooded area, Cefn Y Coed Colliery, opened in 1872. ⁴

The track of the railway line comes out at the road [The B5101] between Treuddyn and Llanfynydd. If you're on a bike, turn right on the road and you will go over the ancient 5 [8th Century] Offa's Dyke. It's worth stopping at a convenient point on the traffic-light





Then there are agricultural tracks, used to move ANIMALS and crops in and out of fields. These tracks have not become roads, in the accepted sense, though they may be still used as access to farms and private houses.

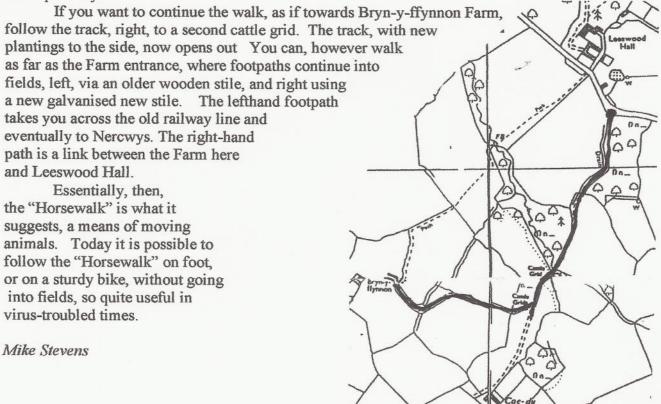
One such track is known locally as "The Horsewalk", which may give us a clue as to its original use, perhaps carthorses pulling hay wains or carrying spuds from the fields, or even for the exercising of horses – as this particular track leads to and from Leeswood Hall.

You can find the track I mean halfway down Hall Hill as you approach the Hall from Leeswood. There is a sharp right-hand bend and a lay-by of sorts. "The Horsewalk" leads away from the metalled road here. As you walk up, notice a memorial under trees, on the right and in the field beyond the 18th Century Pigeon House, which originally belonged to the Hall. This provided food for humans in the form of pigeons in the winter months. It has now become detached from the Hall and stands rather forlornly on its own in the field.

It is also the start of a footpath number 99 on the official list. So, walk up, with a fenced copse off to your left and fence to your right. There is a stream [marked "drain" on the map] between you here and the field to your right. This runs under the road and provides a feeder to the pool on the other side of Hall Hill.

The tree-lined lane goes upwards and veers to the right, with bluebells [in season] in the woodland to the left, before coming out of trees, revealing a field to the left. Here there is a stile, in a rather precarious condition, with a waymark, indicating the existence of a footpath off to the left by the side of the field. The fenced lane continues with a wood over to the right, now a home for pheasants, before crossing another stream. This stream leads directly into the River Terrig.

The wood on the right gives way to a field, while in the hedgerow to your left you will find primroses [also in season]. You now come to a Cattle Grid, taking you into a field, although the track continues through it as an access "road" to Cae Du, ahead and to Bryn-y-ffynnon Farm to the right. So the tracks divide at the cattle grid. This may well be the limit of your walk, particularly if you have a dog with you, as you now enter a field, with cattle possibly.



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THE LDN BIBLE BLOG : JUNE 2020 CAN WE REALLY TRUST THE BIBLE - 3 "Hasn't science disproven the Bible?"

Can you tie up the stars of the Pleiades? Can you loosen the belt of the stars in Orion? Can you bring out the stars at the right times? Or can you lead out the stars of the Bear with its cubs? * Do you know the laws of the sky? Can you understand their rule over the earth? Job 38:31-33 ICB Version

* The Big and Little Dipper apparantly.

For all of us, the Bible describes a world we have never seen, will never see and don't understand. So it is very difficult for us to accept the supernatural events, the miracles (things that happen outside current known natural laws) it tells us about. They just don't fit with the world around us now and our experiences of life.

The basis of this criticism of the Bible is the assumption that science is the most accurate way of knowing anything about our world and how it works. You may even feel it's the only reliable way too. This is hardly surprising because we are all brought up and educated in a way whereby we think in a certain way, that everything can be described and explained in a scientific, reasoned and logical way! And yes, it can! Everything can be described and explained like this. But is it really the only way, or even the best way, to discover the truth of the visible and invisible world? Are there limits to what science can measure and test? Yes, there are. But while humanity is busy believing science can explain everything, I can't help wondering if this gives us a highly biased, a one sided view of "life the universe and everything". Surely science is only capable of explaining

what it is capable of explaining! What about our spirit and our soul, our imagination, consciousness, likes and dislikes? Can these be explainined purely in terms of our biology via our hormones, DNA, blood, oxygen levels etc? WE ARE MORE THAN JUST AN ASSEMBLAGE OF INTERACTING CHEMICALS. Although that is a legitimate way of describing ourselves, I would maintain that that is only part of the story and certainly not all of it.



A girl giving birth without ever having sex, men walking on water, people coming back to life from the dead, a few pieces of bread and even fewer fish feeding thousands of people. The findings, deductions and logic of science won't allow us to take such things seriously. Because by definition, science can't measure or explain the miraculous. Most people therefore think miracles can't happen or be true. Could this be throwing out the baby with the bathwater? How can intelligent people believe in a virgin birth? Christians agree that virgin births are, in theory, scientifically impossible. But they also believe that Jesus was born from a virgin, not just because the Bible says so, but hopefully because they also believe the God of the Bible is able to make it happen as well.

This may seem too simple and unscientific for you, but it is the centre of the issue. The Bible tells us the truth about who God is, to the exclusion of explaining quantum physics, the workings of 'black holes' and the CAGT chemistry of DNA. The Bible is not a scientific treatise! Christians believe something seemingly impossible happened, despite current scientific knowledge. This is because they believe that God, the Creator of the laws of nature, also has the power to work outside them. Science may well be able to measure and test some of the laws God created eg. gravity, the speed of light, the nature and content of light etc., but that doesn't automatically restrict what God can do. And the Bible isn't really about the physical laws of this world (which is what science is all about). The Bible is all about God! So, can He really be fully measured and accounted for by scientific methods?

Folk have theorised that the universe randomly came from nothing, that it exploded into existence. This is a view that doesn't need God. If there is no 'design' to our world, then there is no designer - God. If there is no God, there can be no miracles. And if there are no miracles, something cannot naturally explode from nothing. And if something cannot come from nothing, then our universe can't exist ... which it clearly does!

This matters, because at some levesl we all believe in things that can't be proven scientifically. Those who trust the Bible do not disbelieve the laws of nature but they do believe that there is more to them than simply the laws themselves. God does things that amaze and also confuse and confound our current human understanding. It shows that He is God and not us!

The truth is that Christians and non-Christians believe many things that can't be proven. Science is simply not capable of answering every question. In fact, I don't think science during its beginnings was thought of being able to do so.

Science can't explain right and wrong or give us a basis for making moral decisions. It cannot tell us what is beautiful or not. It cannot fully account for the love between two people. So the statement "science has disproven the Bible" is a claim that I suspect cannot itself be proven scientifically. Why? Because the two are not directly comparable. But neither should we make them 'opposites' that oppose each other. Maybe they should be allowed to be opposites that compliment each other.

Has modern science made it impossible to believe the Bible? No. But it does tells us at the moment that there are no natural explanations for the miraculous claims of the Bible. Does that therefore disprove the miracles? Maybe it makes them even more incredible! When we think about it, there are no natural or scientific explanations for love either, yet no one would say that science has disproven love. The same is true for a breath-taking view.



So, science measures the physical laws of this world, but it can't measure the God who put them in place. It is able to measure us in some ways and up to a point, but it can't explain our thoughts, feelings, personality, character, beliefs or morals. The Bible is all about who God is, His personality, His nature, His character, His morality which are all based on His holiness! Can science measure these? If not, then how can science have disproven the Bible?

So take some time this month to think about the possibility that 1. science is only part of the story of existence and not all of it! And that 2. trying to measure God with science is like trying to use a metre ruler to measure the temperature ie. they require the use of different terms of reference and are not directly comparable.

Simon - TheLDNBibleblog@gmail.com



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Technical Corner

Joseph Caruana

Industrial developments are normally inspired by a market vacuum which could be identified by someone who has the knowledge to adapt what is available in order to produce a solution to fulfil that vacuum. In his days, Henry Ford did identify a market vacuum which called for an affordable means of transportation. This vacuum was filled by an automobile which was affordable by the masses. This type of automobile was produced on a rolling production line where an automobile could be produced much quicker and therefore consuming less man-hours which will intern keep the production cost as low as possible. Before mass production was introduced, each individual car was built at one spot and all the items were brought to that one spot. This system took allot of floor space and could have caused obstructions when moving parts around the shop floor. On a production line, the base of the automobile is put on the conveyor belt and as the base start moving down the line, each operator assembles specific parts in a specific time gap. Another aspect which helped to keep the price automobiles at an affordable level was the introduction of making cars from pre-pressed steel panels which could be easily put together while the car is moving on the conveyor belt down the line.

If we look around us, there is always something that can be improved, nevertheless, improvements come in more than one form, and if we look hard enough we might notice a few vacuums that might need filling. We might not need to re-invent the wheel to achieve a prosperous development, because we can do alterations to an existing product, or utilise an existing product in order to make it fill a vacuum which has probably been created by a market pull.

We can be inspired by the simplest of things, and we can improve products in more than one way. For example, we can improve the way we manufacture products, we can improve the way we present them and market them, also, in today's environmentally conscious public, we can improve the way we recycle a product, by producing a program which could be applied at the recycling stages.

Recycling needs to be efficient and commercially

viable, so as to create incentive for further investment to facilitate development for future processes on how to engineer this section of a product's life. Recycling for the sake of recycling could cause more damage than good, and recycling could be more effective if it is incorporated as part of the fabric of the product.

Recycling for the sake of recycling might cause more harm than good, that is why recycling should be programmed and engineered as part of the life of the product. The life of a product does not finish when a product is no longer of good use to serve the purpose it was originally intended to do, or when it is scrapped, but when it is returned back to raw material, ready to be processed into new products. All manufacturers stipulate how a product is be used, they stipulate at what intervals the product is to be serviced, and how it should be cared for. This is because all manufacturers would like their products to function at the utmost of performance and efficiency. Even the authorities have an interest in certain products, for example, cars have to be tested for an M.O.T. in order to make sure that they comply with emission regulations, and to ensure that they are safe to drive on the road. Therefore, if all aspect of the life of a product are planned and organised, it is possible that its disposability and its recyclability could also be planned or programmed.

It is common knowledge that manufactured products are constructed from more than one material, and therefore cannot be recycled as one whole item. However, not many of us know that you could find a piece of concrete as part of the structure of a washing machine. To this end, one might ask why does a washing machine has a piece of concrete as part of its structure. Well, the concrete block inside a washing machine is there to stabilize the drum from excessively vibrating the whole machine out of control. Also, a washing machine consists of several type of metal, such as ordinary mid steel, stainless steel, copper, and aluminium. It also contains items which are made of plastic, and some other items which are made of rubber. This is just the contents of a small domestic appliance measuring only about three cubic meters. Imagine the different materials that we will discover if we look at one of these modern sophisticated cars, and analis each individual component. With this in mind, it might be beneficial to be aware of all environmental issues on a comprehensive level.

Tackling anti-social behaviour and increasing community pride

What is anti-social behaviour?

There are many different forms of anti-social behaviour, some can make people feel threatened, some impact the environment and affect the quality of life of an individual or the wider community, some can have a criminal element including vandalism, drug dealing or underage drinking.

Anti-social behaviour in Leeswood

Whilst no community is free from anti-social behaviour, in recent months there have been increasing concerns about the number of incidences in our community. This has included spoiling play areas with obscene graffiti, causing damage to community facilities including the bowling club, community centre, Christmas lights, spoiling children's activities though the mindless destruction of Halloween decorations, and many incidences of people feeling threatened by the anti-social behaviour of youths/young adults on the street at night.

We have some excellent facilities in our community that are available for us all to use, but if they are continually targeted by thoughtless individuals who have nothing better to do, funding to repair the damage will eventually run out and the volunteers who give up their time to look after them will eventually give up.

What can you do?

Reporting anti-social behavior is vital. It enables all the evidence to be gathered so that appropriate agencies can be brought in to take action. You should report all incidences including:

If you are feeling threatened or harassed

If someone is creating a public nuisance



If you see OR suspect someone is causing criminal damage

Help us to protect our community and improve the safety of all our residents. Report all incidences by calling 101.

In an emergency (if someone's life or safety is threatened or a crime is in progress) call 999.



Leeswood Art Group

Last year I started up a small Art Group, meeting just once a month in the Community Centre. We had ten interested and enthusiastic artists and were able to meet regularly and we all enjoyed exploring new "artistic avenues" and sharing our work.

When I went on holiday I left the group in the very capable hands and paintbrushes of Mr. Maldwyn Roberts, Mrs. Maureen Calder and Mrs. Gwen Gray and they continued the meets while I was away and we all expected to come together in March when I returned- we all know what happened next!

Well we obviously have not been able to meet up in March, April or May so far, so I am going to show you briefly some of the things I have been doing, hoping it will give my artistic friends a helping hand. While I was away I did some "ink and Stick", and some watercolours and since I came home I have signed up for a correspondence course for Basic Drawing and I have joined a Drawing Group in Mold (it should have been) so circumstances have meant that it has been done via emails! Great fun!!

I have also had a go at joining in with the BBC4's Life Drawing Live! I won't include any of my efforts at that, they might be censored!!! Mind you the lady playing the cello didn't turnout too badly!

Pictures

- 1 Ink and Stick Landscape
- 2 Watercolour- Landscape
- 3 Drawing Mold course
- 4 Drawing Correspondence course
- 5 Charcoal drawing with Terrig Art Group

Please be assured we will meet again as an Art Group as soon as it safe to do so.

Until then pick up your pencil, charcoal or paint brush and enjoy your skill and your art work and when this is all over we will have an exhibition of all we have done in our enforced isolation!

If you need any ideas or help, please contact me.



Cynthia Flitcroft

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Latest update from Nightingale House Hospice

<u>Fundraising in a new era</u>

Like many charities it has been an unsettling few months at Nightingale House Hospice with regards to fundraising. With the majority of our corporate and community events being cancelled or suspended due to the lockdown we have been busy taking some of our fundraising initiatives on line. And many of our supporters have stuck by us too and stepped up to the mark by hosting their own online fundraising activities including quizzes and fun runs for sponsorship (observing social distancing rules). Even our head of fundraising Laura Parry ran every day for 26 days during May dressed as a pineapple!

June Johnson and Sarah Campbell of Reflections Hairdressers have organised a rainbow colouring competition to raise money for the hospice. There are various categories for children under 12 years and the first prize is a Prince or Princess cut and blow dry and sweets. You can find out the details via their FaceBook page @reflectionshairmakeup.

The hospice launched its' Meals Matter takeaway service at the start of the lockdown - an extension of the award-winning Caffi Cwtch and it is proving to be very popular with many. In fact, it is so popular we will keep the service going even when the café re-opens!

Our £10k Superdraw has been a great success too. The deadline is fast approaching so if you'd like the chance to win some cash then you can buy your tickets on line at <u>bit.ly/NHHSuperD</u> with the proceeds going to the hospice.

We hope you all stay safe and thank you for your continued support of Nightingale House Hospice.





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TIME CREDITS HOW THEY WORK

Time Credits are a community currency that you can earn by giving your time.



Give your time by helping with all kinds of activities.

2 Earn Time Credits

When you give your time and help, you can earn Time Credits. It's a way of saying 'thank you'.

3 Spend them on doing something fun

You can spend your Time Credits on a wide range of activities. You can even take a friend with you! One Time Credit is worth one hour of activity.

"I feel proud of myself for volunteering. Time Credits help you to get out more and do things that I wouldn't do if I didn't have them."

To find out more about Time Credits in your area contact:

Email: hello@wearetempo.org Phone: 02920566132

To see where you can spend your Time Credits visit: **timecredits.com**







What is the Tele-Friend service?

Due to the current Covid-19 crisis, lots of people are self-isolating, and we know for a lot of people we support or who support us here at Tenovus Cancer Care, that this can be a lonely time.

We want to make sure we help you as much as we can through these difficult times.

As part of our ongoing plans to stay connected, we'll be recruiting **Tele-Friend** volunteers, who'll be matched with someone who needs a little support. They'll arrange regular phone calls to help lift spirits and give people the chance to chat to someone friendly outside of their home.

How it will work?

A volunteer **Tele-Friend** will be matched with someone wanting a nice uplifting chat. We'll then make sure we agree the best method of communication for both of you. This may be phone calls, Skype, or if you have a hearing loss you may want to use Next Generation Text (NGT).

How do I sign up to help?

If you'd like to sign up as a Tele-Friend volunteer. CLICK HERE

How do I sign up to receive help?

If you'd like to sign up to be matched to a Tele-Friend, CLICK HERE

tenovuscancercare.org.uk

Get in touch with our Volunteer Development Team for more information on becoming, or being matched to a **Tele-Friend**.

Call: 029 2076 8331 E-mail: volunteer@tenovuscancercare.org.uk



Reg Charity No. 1054015

Leeswood & District News

www.leeswood-district.news



Do you need support?

Your Community Development worker is still supporting your Community. If you need support during COVID19, with Shopping, Dog Walking, Prescription Collection or would like to receive a phone call from a Telephone Befriender, please contact Shereen Devine. All volunteers matched to you will be trained, and a have full DBS check.

Volunteers Needed

If you can support your Community with any of the above and would like to do so on a more formal basis, we can offer you the following.

- : DBS Check
- : Role Description
- : Guidance to support your role
- : Training Including Safe Guarding & GDPR
- : Risk Assessment
- : Insurance
- : Support from a Volunteer Manager

Please contact Shereen for an application form.

shereen.devine@volunteeringmatters.org.uk

07469 851886



VOLUNTEERING>MATTERS

Leeswood & Pontblyddyn



Would you like some help or support during COVID-19?

Do you need help with shopping, getting your medication or other practical things?

Would like to have a regular phone call with someone for a friendly chat?

During these difficult times local Volunteering Matters are here to help with both of these.





You could enjoy a weekly call with a volunteer sharing news and a cup of tea while you chat.

- We'll find out what you need and tell you about what we can offer
- We'll match you with a volunteer who has been checked and trained
- We'll offer you support, keep in touch with you, and find out what difference your volunteer has made to your life.

For more information please contact Shereen Devine on 07469 851886 shereen.devine@volunteeringmatters.org.uk