

Leeswood & District News

November 2021



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LEESWOOD & DISTRICT NEWS

Highlights this month-

The results are in !

See the Halloween Art Competition Finalists submissions and find out who won !

DEADLINE DATES - November 15th

If you have any articles you would like to see in this news please contact me at
leeswoodanddistrictnews@gmail.com

Update on Community Centre Activities



The following activities are back and up and running:

Craft (1st and 3rd Mondays) pm (private group)

Zumba with Holly – Monday evenings

Patchwork and Quilting – Tuesdays 10-3 (private group)

Sunshine Café – Thursdays 9-12

Music night – last Friday of the month – entrance charge

The following activities will return:

Rainbows/Brownies/Guides – probably November

Bingo nights – tbc

The Over-60s are meeting next week to decide whether to resume meetings.

The Ladies Guild may no longer be active.

The centre is available for booking for private parties and events –

email: leeswoodcommunitycentre@gmail.com

Certain restrictions on maximum numbers are being applied as part of our Covid risk assessment and the centre is being fogged on a regular basis.



Apologies to Anne

Apparently in last months edition I made her look short and squat as I lined her picture up with the text. So here we have a more realistic picture of the lovely Anne, odd as her husband Rob thought she looked her usual self in last months edition.

Has anyone seen Rob lately?????

Halloween Competition Finals in The Sunshine Cafe



Congratulations to our 2 talented prize winners -

Alisa Challinor (Infants) for the Skeleton pipe cleaner on purple paper.

Cherry Halfpenny (Juniors) for her Happy Halloween Pumpkin picture.

They both get a set of colour pens. Thanks to everyone who entered and the finalists work really brightened up the Sunshine Café. Thanks also go to the crew in the kitchen who worked very hard to provide their lovely selection of refreshments. They are all volunteers and would welcome anyone who would like to join them.

Technical Corner by Joseph Caruana

Industrial activities can be divided into two sections. One of the sections would be the core activities and the other section would be the peripheral activities. Nevertheless, it should be kept in mind that all activities are important to achieve a successful outcome. The core section of an activity is that section that primarily moves things and adds value to whatever is being processed. As an example of this we could have a look at a simple can of beans. Most people look at a tin of bean without a thought of how it is produced, and what it entails to get a tin of beans to the shelves in a supermarket, or a village convenience shop.

As beans are an agricultural produce, they start their life in a field. Planting and growing the beans is a core activity. This is because this action transforms the seeds into beans, thus increasing the value of the product. The beans are transported to the processing plant, and possibly stored. The transportation and storage of the beans is a peripheral activity, because it does not increase the value of the product. From storage the beans are packed in tins, together with other ingredients. Again, this is a peripheral activity, and it does not increase the value of the product. The beans are then baked while they go over a conveyor through the baking process, (beans are baked inside the sealed tin). Here, the baking process is a core activity, because it is transforming the product and increasing its value. From this stage forwards all activities are peripheral because they do not increase the value of the product. This includes, printing labels, sticking labels on tins, transporting the tins to the point of sale, and stacking the tins on the shelves at the shops.

We need to understand and differentiate between increasing the value of a product and increasing the cost of a product. Increasing the value of a product is when the activity transforms the product from one form into another, which in this case has transformed the beans from just beans into baked beans. On the other hand, transportation and storage is just increasing the cost without transforming the product.

All producers and manufacturers do their best to reduce the peripheral activities to a minimum. That is why it is good to co-ordinate an effective and efficient supply chain. Nevertheless, a supply chain is dependent on how reliable all aspects are, and how well synchronized all activities has been set to function. For example, if the operation involves a lot of transport, it might be a good thing to use more than one system of transportation, so that if system fails, the other one can be brought up to speed and use as a backup.

In a business environment where everything is very competitive, all industrialists try to eliminate waste and increase profitability, nonetheless, the buck does not stop with profitability. This is because profitability is the bridge between the past and the future. The past is where the profit has been made, and the future is where some of the profit should be ploughed back in to maintain a strong competitive edge through technological innovation. If a manufacturer does not invest a percentage of the profit into advancing production technologies and product development, everything will eventually grind to a halt. It is therefore clear that if a business is to succeed, it needs to be forward looking and invest a percentage of the profit in the future.

Life

Life is like a game of chess
You can get yourself in check and in a mess
However, there is a way out nonetheless
I will leave it up to you to have a guess

Sometimes we go against the grain
Whether it is sunshine, grey, or drizzly rain
In our mind there might be things to fear
The main thing is to persevere

How nice it would be
That everything positive we can see
It is up to us to make things better
It is good to try at least once rather than leave it for ever

Joseph Caruana.



Gardening Tips for November

Finish planting your spring bulbs as soon as possible.

Plant out winter bedding plants such as winter flower pansies and hardy cyclamen.

Pull up summer bedding plants , either add to a compost heap or overwinter in greenhouse or on windowsill for next year display, works well for plants like bizzie lizzies and geraniums.

Protect any plants that are a bit tender with fleece or bubble wrap.

Make sure plants in containers are lifted up off the floor to ensure they don't become waterlogged and die

Keep your feeders and water topped up for the birds.

Use grease bands on fruit trees to stop moth damage.

Help Leeswood & Pontblyddyn become a Dementia-Friendly Community

What is Dementia?

Dementia is an illness caused by damage to a person's brain. Memory problems are one of a number of symptoms that people with dementia may experience. Others include difficulties with planning, thinking things through, struggling to keep up with a conversation and sometimes changes in mood or behavior. Whilst it mostly affects older people, younger people can also get dementia.

Supporting people living with Dementia

Over 17,000 people affected by dementia live in rural Wales, yet they often face barriers and challenges to accessing the support they need to live meaningful lives and to remain part of their local community. People affected by dementia often have to give up the things they love because of lack of awareness, stigma and unsupportive environments.

With increased awareness, understanding and support from local communities, people affected by dementia can continue to live full and active lives.

Dementia-Friendly Communities

A dementia-friendly community is a city, town or village where people with dementia are understood, respected and supported. In a dementia-friendly community people will be aware of and understand dementia, so that people with dementia can continue to live in the way they want to and in the community they choose.

Becoming a Dementia-Friendly Community involves working together to ensure people with dementia feel understood, valued and able to contribute to their community. Everyone in the community can be involved.

Leeswood & Pontblyddyn has been recognised by the Alzheimer's Society as "working to become a Dementia-Friendly Community," with many community groups attending Dementia Awareness sessions including: Brownies/Guides, Allotments group, Sunshine Café, Ladies Guild, Community Council, Ysgol Derwenfa.

Dementia Awareness sessions provide an effective way of increasing understanding in local communities. Sessions are free, take no more than 1 hour and teaches us about dementia and the small ways we can all help.

**We hope you will help us to make Leeswood & Pontblyddyn a Dementia Friendly Community.
Please join us at the next open Dementia Awareness session in the Community Centre**

**If you would like to hold a Dementia Friends Awareness session for
your group, please contact: gjsher@live.com**



Age & Dementia-Friendly

Litter pick and Dementia Awareness session

Saturday 20th November '21

Leeswood Community Centre

- 10:00 - 10:15 Collect litter pick equipment
- 10:15 - 11:30 Litter pick around the community
- 11:30 - 12:00 Refreshments
- 12:00 - 12:45 Learn about dementia and become a Dementia Friend

Join us to help tidy up our village, stay for refreshments and the chance to learn about dementia from Teresa Davies*

**Teresa Davies is a Dementia Champion from Flintshire and was diagnosed with early onset Alzheimer's at just 59. Teresa gives a sensitive overview of dementia and explains the little things we can all do to ensure people living with dementia are able to live well in their communities.*



THE LDN BIBLE BLOG : November 2021

Footy, Faith & Sheep?

I am the good shepherd. The good shepherd lays down his life for the sheep. (John Chapter 10 verse 11)



An intriguing part of British football is not only the Christian origins of many a club but also the "anthem" adopted by the fans and sung at nearly every opportunity— especially when the team is winning.

These songs range from the fun "Glad All Over" (remember The Dave Clark Five) for Crystal Palace FC to the whimsical "I'm Forever Blowing Bubbles" for West Ham United. We have Liverpool's hymn-like "You'll Never Walk Alone" from the 1945 musical, *Carousel*, to the surprising. West Brom' (West Bromwich Albion) fans, believe it or not, Psalm 23!

I believe the words of the psalm appear inside the stadium, telling everyone who goes to watch the "Baggies" of the care of the good, great, and chief Shepherd.

In Psalm 23, David made his timeless statement, *"The Lord is my shepherd"* (v. 1). Later, the gospel writer Matthew would tell us, *"When [Jesus] saw the crowds, he had compassion on them, because they were harassed and helpless, like sheep without a shepherd"* (Matthew 9:36). And in John Ch. 10, Jesus declared His love and concern for the human "sheep" of His generation. "I am the good shepherd," He said. *"The good shepherd lays down his life for the sheep"* (v. 11). Jesus's compassion was never far away when mixing with people. It can be seen in His responses to peoples needs, and, ultimately, in His sacrifice on their (and our) behalf.

"The Lord is my shepherd" is far more than an ancient lyric or a slogan for West Brom. It's the confident statement of what it means to be known and loved by our great God—and what it means to be rescued by His Son.

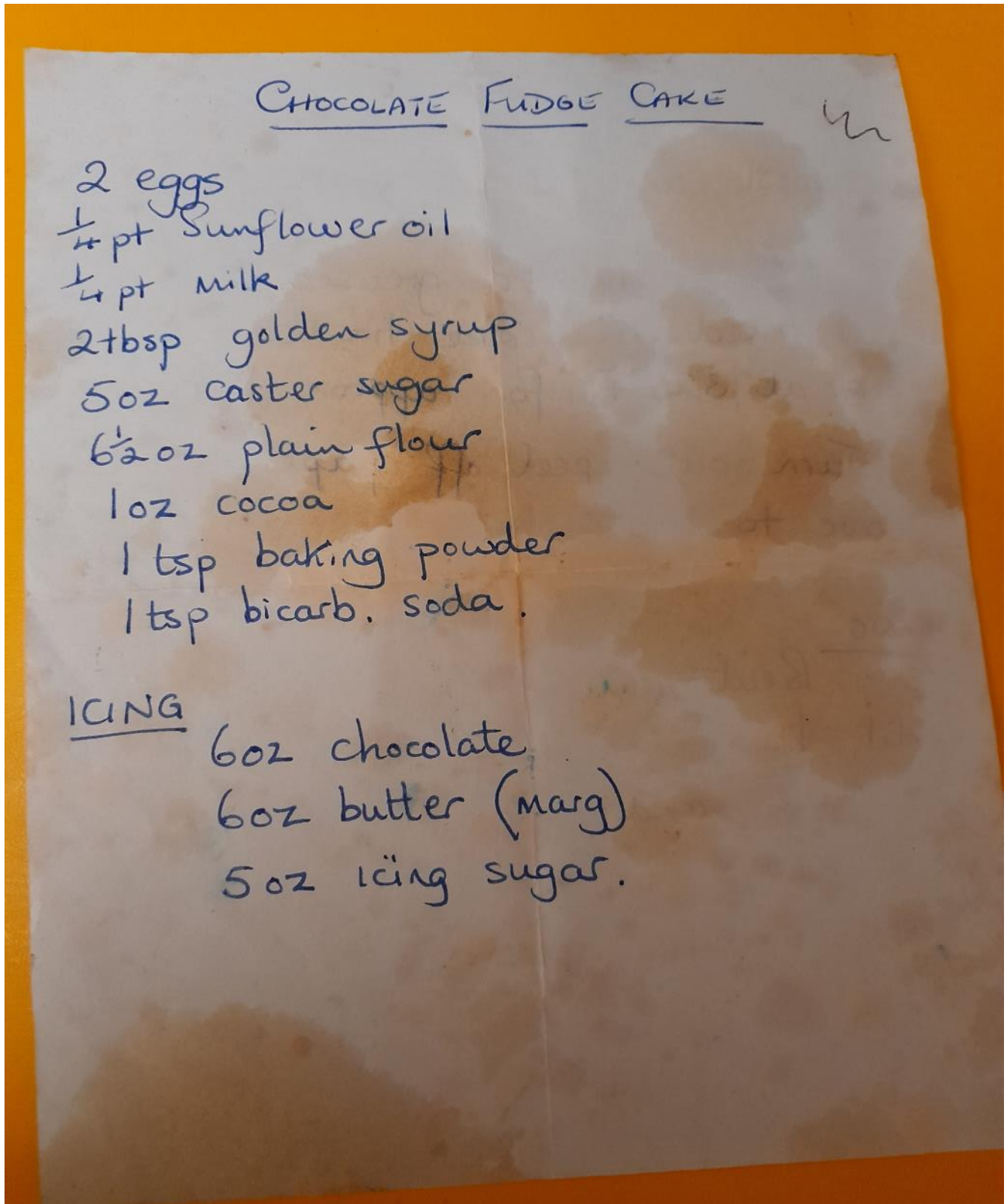
To find out more why not check out <https://www.discoveryseries.org/hp952>

Simon F
TheLDNBibleBlog@gmail.com

Recipe of the month

courtesy of Kath O M'ara

A family treasure hidden away in an old folder



CAKE

Put all ingredients into a bowl and beat well for 2 mins.

Spoon into a greased & base lined 8" cake tin and cook at 325°F for approx 1 hr

Turn out, peel off paper & leave to cool.

ICING

Beat icing sugar & butter until light & fluffy. Melt chocolate and stir into butter mix. Leave to cool until thickened. Spoon onto (into) cake.

25 past 7

Chocolate Fudge Cake

The above chocolate fudge cake recipe was given to me around twenty years ago by my sister Maureen (Mo). She used to make this cake for school fund raising events and when it was her turn to help with the teas for the local cricket team. It was always a big favourite.

I have never been a cake maker, apart from following Delia Smith's last minute Christmas cake. It's a nice simple recipe and always seems to work out for me. I always "feed" it with a generous amount of brandy before covering it with the almond paste and Royal icing and I get positive comments from people who have sampled it. This could of course have something to do with the brandy! I wouldn't know how good (or bad) this cake is because I don't actually like Christmas cake. However, I do enjoy making it because I love the smell of the ingredients which evoke the excitement and general feeling of Christmas.



Now back to Mo's chocolate cake recipe. As I said, I don't usually make cakes. My mum and my sister were both so much better than I ever was so I left it to them...the experts.

I did however attempt this recipe many years ago and with some degree of success. Since then the recipe has been tucked away in the back of my cooking folder, that is until earlier. this year when I came across it again.

I decided then that I must give it another go as a tribute to the baking skills of my sister. Mo now, unfortunately, has dementia and is in a care home in France. It's a pleasure for me to pass on this recipe to anyone else who would like to try it and I hope you like it. Just a slight word of warning, it's rather rich and probably contains quite a few calories!!



CHRIST CHURCH, PONTBLYDDYN

SERVICES DURING NOVEMBER & DECEMBER WILL PROBABLY BE AS FOLLOWS:

SUNDAY NOVEMBER 7TH – KINGDOM 2

11.15 A.M. MORNING PRAYER - OFFICIANT: MS MEL MORGAN

REMEMBRANCE SUNDAY - NOVEMBER 17TH

10.00 A.M. REMEMBRANCE SERVICE IN CHURCH

11.00 A.M. SERVICE AT THE CENOTAPH

SUNDAY NOVEMBER 21ST - CHRIST THE KING

11.15 A.M. MORNING PRAYER - OFFICIANT: MS MEL MORGAN

NOVEMBER 28TH -ADVENT SUNDAY

NO SERVICE IN PONTBLYDDYN CHURCH

LICENSING IN MOLD CHURCH FOR REV'D CANON MARTIN BATCHELOR
(WHO WILL BE LEADING THE MISSION AREA HUB INITIATIVE)

SUNDAY DECEMBER 5TH – ADVENT 2

11.15 A.M. MORNING PRAYER - OFFICIANT: MS MEL MORGAN

5.00P.M. MESSY CHURCH CHRISTINGLE IN ST MARY'S CHURCH MOLD

SUNDAY DECEMBER 12TH – ADVENT 3

11.15 A.M. HOLY COMMUNION - CELEBRANT: REV CAROLE POOLMAN

SUNDAY DECEMBER 19TH – ADVENT 4

CAROL SERVICE (TIME TO BE CONFIRMED)

OFFICIANT: REV CAROLE POOLMAN

DECEMBER 24TH – CHRISTMASS EVE

HOLY COMMUNION (TIME TO BE CONFIRMED)

CELEBRANT: REV CAROLE POOLMAN

SUNDAY DECEMBER 26TH – THE FEAST OF ST STEPHEN

HOLY COMMUNION (TIME TO BE CONFIRMED)

CELEBRANT: REV CAROLE POOLMAN

CHRIST CHURCH, PONTBLYDDYN is open daily from 10.30 a.m. to 4.00p.m. Sanitiser is available in the porch, please remember to wear a face mask and maintain social distancing.

CONTACT DETAILS: Rev'd
Carole Poolman,
The Rectory, Llanfynydd,



"Because you're worth it" is the advertising slogan for a well-known cosmetic brand.

But have you ever felt worthless? Like one of life's cast offs? I know I have.

There are a couple of things I've learnt over the years that have convinced me of our value.

First, **the maker matters**. We have the best craftsman in the universe, we were made by God. Isaiah the prophet in the bible observed that the best of our good works are *like dirty rags* before God, in other words we're all messed up. But then he goes on to say "*But you O Lord are our Father. We are the clay and you are the craftsman. We are all formed by your hand.*" (Isaiah 64:8). The maker of the universe crafted each one of us. The colour of our skin, our hair (or lack of it) His fingerprints are on us. His signature is on the base of our souls, like the signature of a craftsman on a Royal Doulton Figurine.

Secondly, **value is determined by what someone is willing to pay**. Someone was willing to pay the ultimate price for you and I. According to the Bible the book of Philippians tells us that we are so valuable to Jesus that: He gave up his divine privileges; He took the humble position of a slave and was born as a human being; He humbled himself in obedience to God and died an excruciating criminal's death on a cross; He defeated the grave and rose again so we could be reconciled with God.

That's the value that you and I hold. Jesus has deemed us extremely valuable because he was willing to pay the price for us. We are not worthless. Our maker matters. Our value is determined by the great price that Jesus was willing to pay. Our name is valuable.

John Mainwaring (based on a study by Lori Wilhite).



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Mouse guards are on or the Mice are moving In

The past few weeks the weather has been getting colder around the Village and a bit stormier too. So, with our 7 hives full of Leeswood Honey, not to mention the rich pollen stores, there is plenty of nourishment tucked away to take the girls through the cold winter months. But there's one thing watching then and totally focused on our small cluster of hives and that is the Mighty Mouse! These fellows know just what they need to do. The goal of the furry hunters is to hunt down suitable places to rest and feed over the winter too. The bees are still foraging and even bringing some orange pollen in their leg sacs, so they are active and thriving. But now is the time for caution.

So, Adrian and I have swiftly and carefully fitted alloy mouse guards on the entrance to every hive. The guards have an array of holes large enough to allow the bees in and out of the hives, but small enough and strong enough to prevent the mighty mammals from moving in. Without the guards, hungry mice will squeeze in through the already reduced hive entrance and set up home. It's getting colder so they want somewhere comfy to over-winter. With bulging frames of honey in each hive just over a tenant's head, the rodents will have all the nourishment they need. Safety is a need for all of us.

Spending the winter sleeping on the hive floors, it is easy pickings for them to climb up in between the Brood frames and gobble up the honey at will. Then of course the mice venture further into the extra honey tucked away in the smaller Super frames (extra honey storage) sitting on top of the Brood box (the main part of the hive). Oddly enough the bees don't fight back. So, you lose your colony and are left with sheer chaos, as the wax combs are torn to shreds. Thankfully mouse guards are on!



Now the hives are being 'hefted', which is simply lifting the whole unit on one side, to get an approximate idea of the weight. The tilting or pivoting is itself easy to do, as the boxes and roofs are all tightly strapped together (it is windy in Leeswood!). The harder part is 'judging' the amount of honey in each bee home. Adrian reckons about 40 lbs in weight for a hive is a good estimate of what stores are needed to see the girls safely through the winter cold. There is some Ivy flowering now, which lets the foragers bring in a little to top up, but then it's around March of next year (2022 is nearly here) when the new season's forage arrives. So, it's a balancing act to either leave the bees some of their hard-won honey harvest or taking all the summer's honey and supporting the colony with the winter feed of home-made bee syrup. Bee feed usually consists of our basic sugar made into a syrup and added to a liquid bee feeder placed on top of the brood box/ crown board. An excellent alternative is to put solid bee fondant pack (2.5 kg) which sits on the crown board of the hive.



In all then, as the winter season gradually approaches, its mouse guards against lodging mammals, weighing the hives, and then supporting the wonders of nature with any feeding they need. The girls deserve it and so we do the best we can to help them. Oh and then there's some Varroa Mite prevention treatment in Decemberand they say bees are busy!.... see you later.

Marc Brown with the help of Adrian Doward - The new Leeswood Bee Apiary at Leeswood Allotments.



Every day our team of volunteers are making a lasting difference to the lives of serving personnel, veterans and their families.

[MAKE YOUR TIME COUNT](#)

To find more about a volunteering role that will make the most of your talents visit:

ssafa.org.uk/volunteer

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**ON
WATER**



**ON
LAND**



**AND IN
THE SKY**



**FUNDRAISE
FOR SSAFA.**



SSAFA Clwyd provides support to our local serving personnel, reserves, veterans and their families.

We rely on the support of the general public to fund our work, so please donate to SSAFA Clwyd if you can, by scanning the QR code below.

To find out more about volunteering for SSAFA Clwyd Branch, visit: www.ssafa.org.uk/volunteer

To find out more about donating, email: clwydbranch@ssafa.org.uk

Please scan to donate



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Ysgol Derwenfa Year 5 & 6 Mrs Cartwright's class



What a busy few weeks we've had! On the 8th October we welcomed 'Humph's Histories' (Steve Humpherson) who took us back to the Victorian days for a fantastic workshop. We all dressed up as Victorians and experienced lots of different activities to learn how the Victorian's lived! The Master was very strict and even brought his cane! We had a wonderful day and are looking forward to learning all about the Industrial revolution after half term.



We've also been embracing the outdoors and took part in lots of activities to help develop our mindfulness and wellbeing. We love exploring our school grounds and identifying the different leaves and trees. We are studying work by William Morris who took inspiration from nature and used lots of leaves and plants in his wallpaper designs.

Using kind words has been our focus so we made our learning partners 'Wonderful word wands' to describe their qualities. We wrote Powerful words onto leaves and attached them to willow branches to create our wands. We also left motivational quotes in the playground using chalk! We've loved using the beautiful Autumn leaves to inspire our poetry writing.





We have been collecting leaves and making Autumn wreaths.

We have been on an Autumn walk and looked for which colours, shapes and sizes would be best for our design.

Miss Francis has put up a new Cymraeg display in our classroom. We have been practising using our Welsh in the classroom and tracking our learning on the display.



In our tuff tray we have been very creative using leaves and pine cones in a photo frame.

We have also been practising developing our fine motor skills by threading the leaves.



We are excited to have our new outside shelter. We can now complete our learning challenges outside even when it's raining!



We had a break from learning all about the Romans this week and made our learning seasonal instead. We read a story called Leaf Man which is all about a man made from leaves who goes around the countryside wherever the wind blows him. We planned our learning activities from it.



In Little Teds we have been learning all about ourselves. We have been exploring our senses and have had smell, touch and sound stations.

At our smelling station we have been smelling spices, herbs and vegetables. There were some we really liked—and some we didn't!
Our teachers really liked the sound stations, we made lots of lovely noise!



We have been using our NEW outdoor shelter this week! We have been printing leaves in Autumn colours. We have loved playing with the sand and water.





Leeswood Under 5's Playgroup

CIW Registered & Estyn Inspected - Fully Insured & Qualified Staff

NEW PREMISES

Ysgol Derwenfa, Leeswood

NEW OPENING HOURS

PLAYGROUP SESSIONS

CHILDREN CAN ATTEND FROM AGE OF 2 YEARS

FROM 12.30 - 3 PM - TUESDAY, WEDNESDAY & THURSDAY

OPTIONAL EXTRA DAYS - MONDAY & FRIDAY

BRAND NEW WRAPAROUND CARE FOR

ALL NURSERY AGE CHILDREN

11.30 AM - 3PM

Please note for wraparound care they require a packed lunch.

(After school Club still available at Ysgol Derwenfa from 3pm)

Please contact: Clare & Jane - 07709218496

(If no answer, please leave a message and we'll get back to you)

For more information please contact Flintshire County Council to see if you are entitled to Early Entitlement Funding scheme and 30 hours childcare offer

@ www.flintshire.gov.uk or phone 01352 703500

Lest We Forget

They shall grow not old, as we that are left grow old:

Age shall not weary them, nor the years condemn.
At the going down of the sun and in the morning
We will remember them.



Leeswood and District Royal British Legion Remembrance Sunday 14 November - further details. Coach leaving Leeswood Community Centre 9.30am to Pontblyddyn Church. Following a short service in Church, some wreaths will be laid at the lych gates by members of the British Legion, and members of various organisations. The coach will then return to the Cenotaph in Leeswood for 10.45am